Preserve yourself in a diary: by John Kennedy

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Writing down daily events in a diary is one of the most popularly seen hobbies. After the wholesome tiring day and before the refreshing sweet sleep, it serves as a mind relaxing procedure. Such a huge load of thoughts and experiences to jot down! Now itâ€™s really good on the part of someone who notes down the smallest to biggest experiences in a diary and hence keeps the records.

Life is like a one big recipe having different ingredients and tastes in the same single bowl to feel and cherish it in the most appetizing way. After all, if we are not going through the crust and mantle of experiences and incidences, we cannot exactly feel the core meaning of it. Actually, the sufferings, hardships, ambitions, responsibilities, intuitions etc describes someone most specifically. And accordingly we accept LIFE as a goody bag of happiness or a tough bag of hardships. Sometime a question may stick us that what life exactly means or do we really want to be remembered even after our death? All such problems can have one single answer in the form of Biography. Itâ€™s really not important what the issue is but the sole matter is to live in the fullest and let live others also. Collecting all the information at one place and recapitulating whenever in a mood to turn up the old pages of the diary, is the best way of seeing our still going journey and yet to cover distance. Writing my story should be such that through which I can correlate myself with others. Whether itâ€™s an extra ordinary tale to share or a simple short story of everydayâ€™s happening, it does matter. The sole thing is to spend time with our own self and with others to let them feel too that we all are sailing in the same boat of life being different only in the paths and ways of reaching destination point. These diary pages help us in getting a positive hope from the previous negatives and sufferings so as to revive ourselves in our coming engagements and motivating others also to give their life a significant meaning. In this way, even long after our death, we can stay in the mind and heart of people as a source of inspiration or a mere threshold for emerging out as the one and only best from the crowd. Generally, we slip out many incidences from our mind due to the hard and fast happenings and hence here comes the importance of noting down them in the diary so as to give a look to them when turning the book pages one day. No matter how petty or how serious the incidences are, the main concern is to get familiar with that and hence not allowing them to wash off from our thoughts. It helps us to understand a person much better and in our own case, it showcases image in the most transparent and fair way by highlighting the changes, memories, backlogs etc all at the same time and same very place.

Perhaps Life is the most precious thing we can imagine of. So, it must be properly justified and cherished from our part. And along with this if we are preserving it for our and otherâ€™s long term learning and benefits, then writing diary is perhaps the best hobby one can have.

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