Article published on January 12th 2012 | Weight Loss

HCG diet is not just another weight loss plan. Really! Is it true? Well the stats do say the same story. Among so many weight loss plans HCG diet and drop plan is completely different. There is a big controversy with its low calorie HCG diet plan. Several people complain of side effects. Even the FDA doesnâ€™t; recognize it fit for weight loss. I know many of you would say Iâ€™m crazy. There is so much negative propagation with this weight loss plan and still Iâ€™m saying this is a different weight loss plan. Well I have a strong proof with me that still keep me saying, this is not just another weight loss plan. Its different.

Google the keyword â€œHCG reviews,â€• HCG diet Reviewsâ€• or â€œHCG weight loss reviews.â€• You up with a long list of those who share their experience about this weight loss plan. If you can count, you can see atleast there are seven out of ten positive reviews about this weight loss plan. I think the ratio is sufficient enough to support my view.

One would now raise the issue as those positive reviews are by the HCG Anaheim Marketers. Well this is the marketing world. The marketing today is so strong. But the marketing is restricted to limit. There can be tens or even hundreds of

marketing reviews that are just fake. But what if, you find thousands and millions of positive reviews. Those all canâ€™t be the part of marketing

campaign. The point is clear, HCG do help weight loss.

Yes I do agree with the fact sometimes, there can be health complications. Many times the dieters complain of low energy, weakness, headache, numbness etc. But there can be several other reasons behind that. Ok now take this fact, one of your friends is trying the HCG Anaheim weight loss plan and he is successfully loosing fat. And you just got so impressed with the results that immediately ordered the doses and started use. Now you got some health complications, who is to blame there, in fact its you.

When you experiment with your health such things do happen. There is a proper procedure to do the HCG weight loss plan. You first need to consult a good HCG physician and know if you are a suitable candidate to use the Anaheim HCG

diet plan. He will evaluate your health and will let you know if you are a suitable candidate to use this weight loss plan.

And besides that he will prepare the complete weight loss regime for you. He will prescribe you the doses that you are to use and will also suggest you the suitable diet plan that you are to couple along with the low calorie diet plan. And donâ€™t cheat when you are on diet. If you are following the diet plan as per the physician recommendations, you can certainly cut down the fats from the body with ease.

To have consultation with some good HCG Physicians log on to: http://www.hcgdietanaheim.com

Article Source:
http://www.articleside.com/weight-loss-articles/why-hcg-diet-plan-is-different-from-other-weight-loss-plans.htm - Article Side

William Folley - About Author:
William Folley a health expert and an SEO content writer who has written many articles on a LA weight loss, a HCG diet and a Download Hollywood movies.

Article Keywords:
Anaheim Weight loss, HCG Anaheim, Anaheim HCG diet

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!