Vaser for Men: is it Effective by Amelia Aitken

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Several men endure liposuction every year so that they can accomplish a sculpted figure by losing some extra pounds. However, the fact is that the effects of liposuction tend to differ in men than in women. Nevertheless, men might experience better results with the Vaser Lipo treatment.

What Experts Say on Vaser Lipo for Men

According to the cosmetic surgeon, Dr. Paul M. Parker; the accumulation procedures in men are different than those in women. Physically, women gain more fat around their thighs, hips, and stomach; whereas men accumulate fat in the chest area, love handles, and atop the abdominals. Because of the high density of fat in these areas, men experience better results when they undergo the Vaser Liposuction treatment, a procedure that transmits the ultrasonic energy waves to the tissues for fat break up and extraction.

What Men Can Achieve with Vaser Lipo

Better result is quite a subjective term to understand what Vaser Lipo can make you achieve. Translating it objectively, this new technique promises to offer the sculpted six-pack abs apart from good looks, slimmer body areas, and natural lightweight feeling. For men, Vaser is the minimal invasive technique for removing excess fat from around their love handle and chest areas. The biggest benefit is natural-looking results that a conventional liposuction treatment does not provide.

For Which Body Parts is the Vaser Lipo Treatment Performed

In men, the Vaser Lipo treatment is performed on the neck and face areas for discarding additional fatty deposits from around the jawline, love handles, back, abdomen, and on the area affected by gynecomastia. Treatment of gynecomastia before Vaser was painful, needed several weeks of downtime, and induced scars. However, with the Vaser Lipo treatment, you can enjoy permanent and virtually painless procedure for treating this condition, as the no surrounding tissue is disturbed during the process.

How the Treatment is Performed

Usually, the cosmetic surgeon performs it under a local anaesthetic after which ultrasonic energy is transmitted to the tissues and a fine probe is inserted for emulsifying the fats.

Whatâ€™s the Treatment Duration and Recovery Time?

Above all, it takes less than two hours for the treatment to get over and that you can return to work on the second day. However, this will depend on the amount of fat extracted and the number of areas hit.

What are the Side Effects or Complications Involved

Fortunately, they are minimal. Little risk of scarring, swelling, and bruising is involved and that you need to wear the support garments for two weeks. Further, there is no risk of weight gain if you concentrate on suggested exercises and diet plans.

How Do I Choose an Ideal Vaser Lipo Surgeon?

Always choose a board-certified liposuction doctor who has good experience in performing this treatment (check this out by customer reviews online). Otherwise, improper handling of probe might invite injuries. Second, compare the liposuction cost and experience (in years) of the various cosmetic surgeons according to the area. For instance, the liposuction cost in a liposuction clinic London for one area is around Â£2,800. In case of four areas, the cost of liposuction in London is around Â£4,500. However, you can expect discounts for Vaser Lipo in London.

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