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Gastric bypass surgery has become so popular over the years and it has really helped the people to come under the radar and check their weight. The surgery when performed creates a small pouch in the stomach and it helps in reducing the weight and even the urge for food intake. In this procedure it bypasses the parts of the small intestine and even the duodenum which thereby helps in decreasing the ability of the body to absorb the essential nutrients and even the calories from the food that we eat.

You can find different types of laparoscopic gastric bypass surgeries and the one that you will have to undergo will be decided by a physician or a bariatric surgeon. In the most common surgery a small pouch is created in the stomach and with the help of staples the stomach is closed or stitched. There are some cases where the surgeons use a vertical banding instead of the staples. The surgeon will further do something like he will attach a portion of the small intestine to the new pouch. It allows the food to be passed through less nutritional absorption and a higher level of intake of the calories. It can also be done laparoscopically which will lend a shorter time to recover.

If an advanced and extensive laparoscopic gastric banding has to be performed then it will remove the lower part of the stomach thereby leaving only a small pouch. In this surgery only the last small intestine segment will occur and in this procedure of the weight loss will leave you eventually nutritionally deficient.

There are also certain risks that are involved with gastric bypass surgery like the vertical band would erode or even the pouch may stretch. The staple lines can also break down and there also may be a leakage in the abdomen from the stomach. This would also lead to stomach acid that can prove to be dangerous to the other organs. There also might be deficiencies in the nutrition levels due to the food not being used in the body.

But your bariatric surgeon would decide to choose a less extensive or an invasive method of laparoscopic gastric bypass, bariatric surgery, laparoscopic gastric banding as it will reduce any kind of possible risks. If an extended procedure goes on then it would not require a close level of monitoring and there would also be a requirement of medications and some special food so that you wont regain any further weight. The patients who would want to get this surgery done they will understand the kind of behavioral changes that will occur. If there are some people who are addicted to certain substances then they will not qualify for this surgery.

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Dr. Peters is a leading a bariatric surgery in India. We have a number of advanced surgeries like a laparoscopic gastric bypass, done by expert a bariatric surgeon.

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