Nature at its Best at Valle Hermoso by Ricky Ponting

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Valle Hermoso is located on the beautiful isle of Isla Gomera. Its name means beautiful valley; the town is appropriately named for it is really picturesque in its strategic setting at the high Roque Cano steep ridges. This is also a volcanic area which is fertile and productive for all vegetation.

Nature Activities

Valle Hermoso has plenty of great trekking trails for nature lovers who love a hike, stroll or walk. Many hikers, both local and foreign, come to Valle Hermoso for its myriad of trekking trails. The high and steep terrains are challenging even to veteran hikers but the beautiful views of the surrounding countryside prove to be a strong lure.

An exhilarating hike can commence from the ridge at Cumbre de ChijerÃ© at the townâ€™s west near the beach. It is a 4-hour return hiking expedition that proves to be very popular with the locals and visitors.

There are plenty of beautiful sceneries along the way such as a steep gorge and a tight ridge with astounding huge rocks and hills before a descent to the beach. There are challenging zigzag paths ascending to some rocky slopes which offer fantastic rugged cliff views.

There is no lack of the tranquility and the sea all around with Teide in the background.

One can hike all the way to the top where the ridge opens up to a vast space with an impressive ochre rock which has eroded with time into splendid swirls. Tranquility, natural beauty and fresh air flow freely.

Town Beauties

Valle Hermoso town has not too many items to clutter its natural landscape; at most is its town plaza with necessity shops in the form of banks, post office, medical center and a petrol station; a local bus stop near by functions as the local meeting spot with bars contributing to the social and night life of the town.

There are comfortable tourist accommodations in Casa Bernardo with apartment and room options.

The local cuisine is exquisite and served at any restaurant, bar or cafÃ©. The locals are very hospitable and go all out to satisfy the visitors with any local dish at any time.

The beach at Valle Hermoso is close to the town centre. There is also the cool breeze from the sea for a nice stroll on the beach although many surfers wait for the tempestuous surf which breaks against the barrel rocks nearby. Hence, swimming or bathing is dangerous and prohibited.

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