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Rejuvenate & invigorate yourself with a Leh Ladakh tour by Sofia Jennie

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One Leh Ladakh tour is enough to infuse a new life into your soul. Nature has presented itself in all its glory in Ladakh, the cold desert nestled impeccably in the Trans-Himalayan region of northern India. Lying amidst the Himalayas & the Karakoram in the state of Jammu & Kashmir, Ladakh is a touristâ€™s delight because of its charming landscape, enchanting monasteries and invigorating adventure sports. Now with the easy availability of Ladakh tour packages, tourists from every part of the planet can easily come to this hilly paradise and explore the sights & sounds of Ladakh.

Ladakh is a heaven if one considers its panoramic beauty. With snow-crested mountains, melting glaciers, icy rocks, refulgent lakes, shimmering rivers and gushing streams- Ladakh is the abode of Mother Nature. Leh Ladakh tour, apart from its bewitching landscape is also popular for its adventure sports. Ladakh is tremendously popular for trekking and white river rafting. In fact, Ladakhâ€™s locales make it perfect for trekking, hiking and camping. Ladakh is also famous for other sporting games like rock climbing, mountaineering, mountain biking and cycling. At the lakes of Leh Ladakh, you can also dig into angling and paragliding.

Under Ladakh tour packages, you also get to visit all the famous monasteries of Ladakh especially the noted ones like Hemis, Thikse and Spituk. They all epitomize devoutness and serenity.

Where to eat: Ladakh boasts of a plethoric number of restaurants, cafes, food stalls, food joints and eateries where you can find hygienic and lip-smacking food. You can also refill yourself at Leh hotels where both local & international cuisine can be availed easily.

Where to stay: Ladakh is a major tourist spot. Therefore, it goes without saying that thereâ€™s no dearth of hotels, resorts, guest houses and inns in this part of the world. You can also buy Ladakh tour packages and book Leh hotels in advance in order to avoid last-minute hassle or anxiety.

Major Ladakh attractions: Ladakhâ€™s panoramic beauty is unparallel. But apart from its scenic grandeur, the place boasts of several interesting & spiritual places that are must-visits for every tourist. Some such major attractions are

â€¢ Hemis Monastery

â€¢ Thikse Monastery

â€¢ Spituk Monastery

â€¢ Shey Gompa

â€¢ Likir Gompa

â€¢ Alchi Gompa

â€¢ Sani

â€¢ Karcha

â€¢ Stok Palace Museum

â€¢ Jama Masjid

â€¢ Royal Palace

â€¢ Prayer Wheel

When to visit: Ladakh becomes bitterly cold during winter. Hence, tourists generally avoid the winter season unless they are prepared to brave the weather and enjoy winter games like ice skiing. Nevertheless, for idyllic weather conditions, the best time to visit Ladakh is between May-September.

Local festivals: Ladakh festival, Hemis Festival (the most popular monastery festival held in Hemis monastery), Monastery festival, Metukba festival, Nagrang festival

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