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Why trekking is the best way to experience Patagonia by Gary Clail

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The prestigious holiday destination of Patagonia, positioned between Chile and Argentina attracts people from all over the world for various reasons. Some people visit the region to take in its natural beauty in its astounding scenery, whereas adrenaline junkies take advantage of the extreme natural phenomena such as the violent lakes that are perfect for kayaking and white water rafting. Whether visitors are looking for a peaceful break or an action packed holiday, everyone that sets foot on the region is taken back by its organic offerings.

As a world famous holiday destination, largely appreciated by students hoping to make the most out of their gap year, among many other types of people of course, Patagonia takes pride in what it has to offer those who seek serenity from the landscapes that appear untouched by mankind; a kind of peaceful solitude that only placid fishing lakes and graceful waterfalls can provide.

But the South American wonderland also accomodates for more adventurous holiday makers with the kind of dramatic mountain ranges sought by mountaineers from around the world, that also bring opportunities of skiing and mountain biking.

Another highly popular activity visitors take part in in Patagonia is trekking; exploring the truly unique landscape first hand and witnessing the region's overwhelming natural offerings up close and personal. This activity is appreciated by all holiday makers, from those who enjoy simply observing the scenery to those who really get involved for an adrenaline rush that can't be found anywhere else, because this exercise can be taken as far as you wish.

The Patagonian Treks are quickly building a reputation as a must do for everyone that visits the area, and this is because the landscape really has to be explored to be believed; shaped by the Andes and the ice cap, Patagonia is a unique natural wonder.

There are a number of different treks on offer, each taking a unique route and showcasing different parts of the scenery, such as the world famous Torres Del Paine route, venturing through beautiful icy mountain ranges, valleys, glaciers, and stopping for lunch by crystal blue lakes in an easy to manage day-long trip. At the other end of the spectrum, the Patagonian Icecap trek allows more adventurous trekkers to face extreme weather conditions as they will set up camp on the third largest mass of ice in the world.

The range of opportunities in the selection of treks on offer really does highlight the diversity of Patagonia as it accomodates for the contrasting personal tastes of different types of holiday makers, deeming these adventures an absolute essentiality for anyone that sets foot on Patagonia and hopes to make the most of what it has to offer.

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A a Patagonia trek is the perfect way to experience the region's world famous assets. Routes like the a Torres del Paine trek adhere to the personal tastes of any holiday maker, however they choose to take a break.

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