# Why Patagonia is Increasingly at the Top of Adventure Tourist Wish Lists by Gary Clail

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Many people consider lounging about at the side of a swimming pool in a resort somewhere that is chock-full of Red Lion pubs, neon signs and cabaret singers the peak of holidaying excellence. Many more consider that the definition of hell on Earth. While many breaks offered by tour operators feature optional excursions to local natural attractions and days hiking through the native landscape, if you consider yourself an active person and would like your whole holiday to be an experience for your mind, body and soul, an adventure holiday could be just what you are looking for.

In years gone by mountaineering enthusiasts would flock to the Himalayas, the Alps, the Pyrenees and other impressive landscapes to battle against the elements and experience Mother Nature at her most raw. Now, a constantly increasing band of explorers who have tasted the extreme conditions all over the globe have found somewhere new to call their playground; Patagonia in South America.

With landscapes ranging from vast swaths of desert to soaring peaks and dense jungle, there really is a holiday experience in Patagonia for everyone. If you enjoy travelling via equine transport there are horseback treks you can join, want to get on the water? You can go white-water-rafting or soak up the glorious landscape from the water by making your way by kayak. Want to stand on top of the world? Many Patagonia tour operators arrange special trips to tackle some of South America's most daunting peaks.

Every outdoor pursuit you can imagine is catered for. Keen anglers (and of course novices too) can charter fishing trips to hunt for huge Argentinian trout or the beautiful golden dorado and those looking to put their bodies to the test can embark on a mountain biking trail.

Patagonia is often hailed as one the last areas on Earth that has not been ruined by human interference and the authorities in the countries that make up the region are working hard to keep it that way for future generations.

During a stay you will meet friendly local residents, enjoy hearty and traditional Patagonian dishes and if you are lucky run into one the communities started by Welsh miners to enjoy a slice of bara brith and a hot cup of tea.

Patagonia is also home to some of the largest glaciers on the planet and some tour operators offer the chance to hike across the surface of some of them.  As global warming causes Earth's temperature to rise and the icecaps and glaciers to melt, the next few years could be the best time to get out there and enjoy these relics of the ice age in all their awe-inspiring glory. What are you waiting for? A holiday in Patagonia is sure to be an unforgettable experience.

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Gary Clail - About Author:
a Swoop Patagonia  is a company devoted to ensuring your Patagonian adventure holiday is the best it can be. Whether you are thinking of kayaking, horse-riding or a trekking in Patagonia , their

expert knowledge and passion for the region will ensure you make the most of your time in South America.

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