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Ladakh, the Land of High Passes, is an exotic region in the northernmost Indian state of Jammu & Kashmir. It is marvelously sandwiched between the Great Himalayas to the south and the Karakoram mountain range to the north. The region is composed of two districts namely Leh and Kargil. Leh is also the second largest district in the country. Leh town is the main town and was the capital of the Himalayan kingdom of Ladakh. The town is dominated by the ruined Royal Palace also called Leh Palace. It is also famous for Buddhist monasteries and monuments. The Leh palace is built in same style of Potala Palace in Lhasa.

During Leh Ladakh tour tourists will have ample opportunities for cultural tourism and adventure tourism as well. There are many magnificent Buddhist monuments and monasteries (Gompas) in this region which attract travelers from all over the world. Almost all monasteries are located in and around Leh town. Hence, Leh has been also starting point for tourism in Ladakh. It is has been the fist destination for almost all travel itineraries in the region weather it is for cultural tourism or adventure tourism. Hemish, Thiksey, Sankar, Shey, Stock, Stanka, Spituk, Lamayuru, Alchi, Likir, Diskit, etc are among most sought after tourist sites in Ladakh where you can see famous Tibetan Buddhist monasteries and monuments. Noted for marvelous structures and stunning carvings Ladakh monasteries are indeed delights for tourists coming from different parts of the world.

Apart from magnificent Buddhist monuments and Gompas, Ladakh region of Jammu & Kashmir is also known for its copious nature beauty. Plentiful natural beauty and picturesque landscapes never fail to lure visitors and provide them ample opportunities for ecotourism. Nubra Valley is a prominent tourist place famous for scenic beauty. There is Lake Moriri in the region which is considered to be as one of the largest and high altitude lakes. Zanskar is known for scenic trekking trails and areas. Drass Valley, Suru Valley, Salt Valley, Markha Valley, Padum, Rangdum, etc are also popular tourist sites to visit on Ladakh tour.

Apart from various monasteries and copious natural beauty, tourists can also enjoy various adventure sports during Leh Ladakh tour. Ladakh has emerged as one of the finest destinations for adventure tourism in India. Trekking, hiking, mountaineering, rock climbing, white water rafting, jeep safari, cycling, motor biking, wildlife safari, camel safari, etc are popular adventurous activities to enjoy in Ladakh. Zanskar Valley, Indus Valley and Markha Valley are most sought after destinations for Himalaya trekking tours in Ladakh.

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Kuldeep Singh is a notable writer primarily focusing on travel and tourism related topics. He has written many articles on a Himalaya Trekking Tours and a Leh Ladakh Tour. Currently he is rendering his services to a reputable Indian tour operator.

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