Article published on December 20th 2011 | Travel

Ladakh is an exotic region located in northernmost Indian state of Jammu & Kashmir. Sandwiched between the great Himalaya and the mighty Karakoram mountain ranges, Ladakh is often described as a land like no other. It has been an internationally famous destination for adventure tourism in India. It provides exciting outdoor activities and lots of adventure sports. A large number of adventure enthusiasts visit this exotic Indian region in quite good number to explore adventure tourism here. The region is visited by about eighteen thousand tourists every year. There are well preserved Tibetan Buddhist monasteries in this region which make it ever more appealing and attractive.

Gorgeous valleys, snow-clad mountain peaks, frozen rivers, amazing natural beauty and magnificent Buddhist monasteries have made Ladakh one of the best places for tourism in India. Popular tourist places which attract tourists to Ladakh include Leh (the main town of the region), Kargil, Suru Valley, Drass Valley, Salt Valley, Markha Valley, Alchi, Zanskar, Padum, Rangdum, Zangla, etc. These places are very popular among tourists offering opportunities for many adventure spots and seeing famous Tibetan Buddhist monasteries and monuments.

There are many well-preserved Buddhist monuments or monasteries in Ladakh which make it a worth visit. Leh Palace, Thiksey Gompa, Alchi Monastery, Sankar Gompa, Stok Palace, Hemis Gompa, Lamayuru Monastery, Sani Monastery, Likir Gompa, Diskit Monastery, etc are architecturally beautiful and well-preserved Buddhist monuments which are popular attractions on Ladakh tours and travels. Monuments and monasteries are key attractions for cultural tourism in the region.

Apart from sightseeing tours to famous monasteries of Ladakh tourists can enjoy here outstanding and very exciting adventure spots like never before. They can enjoy different adventure sports & activities such as mountaineering, rock climbing, river rafting, frozen river trekking, trekking, hiking, camping, camel safari, jeep safari, horse safari, etc. The region is home to some of the best trekking trails in the world. Popular trekking options include Manali Ladakh Trek, Nubra Valley Trek, Markha Valley Trek, Indus Valley Trek, Trans-Zanskar Expedition, Chader Ice Trek, Great Sal Lakes Trek, Padum Phuktal, Padam Darcha, Panikhar Heniskot, Padum Manali , Lamayuru Martselang, Lamayuru â€“ Alchi and Kala Patthar Trek. Ladakh trekking is considered to be as the best way to explore the beauty and fascinating of the region.

Apart from adventure tourism and cultural tourism the exotic land of Ladakh is also getting popularity of ecotourism. The concept of ecotourism has been introduced in Ladakh by several tour operators and non-government organizations.

So come to Ladakh; explore Ladakh tours and treasure unique experience of lifetime.

Article Source:
http://www.articleside.com/travel-articles/explore-tourism-in-ladakh-treasure-unique-lifetime-experience.htm - Article Side

Kuldeep123 - About Author:

Kuldeep Singh is an expert writer primarily focusing on travel and tourism related topics. He has written many articles for travel and tourism in India. Currently he is rendering his services to a reputable a Ladakh Trekking and a Ladakh Tours.

Article Keywords:
Ladakh Tours, Ladakh Trekking

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!