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A holiday in Liguria is unforgettable by [Sadie King](#)

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Tourists to Italy normally flock to the well known destinations. And so they should indeed. Rome is arguably the cradle of Western Civilization with so many sights and sounds that weeks are not enough to see and experience it all. Venice is Venice. There is nowhere quite like it in the world. Florence and the whole of Tuscany is steeped in tradition, wonderful cuisine and fantastic art. Naples and the Amalfi coast are all in their own way spectacular.

One of the places they don't go is to Liguria. This is because it is a secret that the Italians have been keeping to themselves. But no more.

Liguria is a 315k coastal strip that runs from La Spezia to France with Genoa as its capital and main city. And coastal strip is exactly what is meant. It is squeezed between the Apennines and the Alps and the sea with the mountains looming above and the fantastically beautiful Deep Blue Ligurian Sea.

Blessed with a mild climate all year round it makes a great place to visit all year round but in particular during the summer months because of the miles of fantastic beaches and wonderful sea in which to swim.

The rest of this article will be devoted to persuading you to spend your next holiday abroad in this fantastic playground. Eating the wonderful cuisine drinking in the beautiful sights while drinking the wine, Swimming in the beautiful deep blue ocean and experiencing the places that some of the poets such as Byron, Keats, Ezra Pound and Shelley loved so much.

If you fancy a beach holiday the Liguria is indeed the Italians favorite destination All along the coast are a series of beautiful beaches which allow one to swim in the safe and warm sea. The Sea is deep blue because it get very deep very quickly, the bottom dropping away dropping like the mountains which loom above it.

If you wish to visit tourist then Liguria abounds. There is the so called Cinque Terre (5 lands) So called for the five towns that appear to precariously cling to the rocks above the sea. Almost impossible to get at by land there is a wonderful railway which connect the five and one can hop on and hop off having aperitifs in one village, Antipasta in the next, Pasta, Carne or Pesce as fish is the specialty of the region) in the following 2 and finally watching sunset over the Ligurian Sea while sipping coffee in the last of the five villages.

Over here is the world famous Gulf of Poets. This is the name for the La Spezia region as over the centuries many of the famous poets have come here to stop for a while and stayed for ages.

The food, ah yes the food. It is freely acknowledged that Italian food is outstanding, Prepared with passion and joy and made to be eaten and enjoyed and Ligurian food is no exception. This is where Pesto was first made and this is where the Italians who love the Dolce Vita come for a weekend or a week.

Bookings at no charge to oneself for Hotel Liguria can be made through Liguria Pocket.

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