Yachting - a Thrilling and Risky Pastime only for the Strong Hearted

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Sailing was probably invented by humans ages ago. When they realized that strong winds could move heavy objects effortlessly, they applied the principle to glide over the waters of the oceans across the globe. From primitive sailboats that were used to crisscross the seas to the most modern and technologically advanced sleek yachts is a long way. What started off as a pastime for pleasure and the sheer thrill of it was later on used for maritime trade as well. It is believed that the Romans and the Indians who had extensive maritime trade relations. Primarily exotic varieties of wine from Rome were traded for the much sought after oriental spices.

However, the first country to use the sail boats in racing was the Netherlands around the 17th Century following which other countries started indulging in this sport and that resulted in production of sophisticated yachts equipped with the most modern equipment. Consequently yachting got recognition as a sport and trophies and prizes were instituted for races. One such organized race was America's Cup.

>Of the wide variety of yachts available the dinghies and skiffs were meant only for short runs as they were not equipped for extended voyages lasting several weeks. Moreover dingy races were normally conducted on calmer waters with mild waves and no threat of strong currents. Boundaries were fixed in sheltered watered; however the races were by no means ordinary. Though they were short the tempo built up quickly with each contesting edging and crowding out the other to reach the winning point. The dinghies were solo or had a couple of crew members to assist. Solo sailing was considered to be more thrilling with just the dinghy, the sailor and the caressing sea breeze for company. There have been instances where courageous people have ventured into the high seas all by themselves, an enviable feat indeed.

However when people venture out on long voyages in fully equipped yachts they would need a crew to assist in handling the yacht. The person needs to make be thoroughly familiar with navigation techniques, meteorological reports and forecasts. Training in first aid and familiarity with mechanical and electrical systems would come in handy during emergencies. There are recognized institutes that offer short term courses in these areas as also other important things like operating radios, sea survival and nutrition and water conservation methods. These courses would cover the theoretical and practical aspects as well.

There are some super yachts that are fully equipped with every conceivable luxury that could be thought of. For instance the Lady Moura a private luxury yacht owned by Saudi Prince Nasser al-Rashid was made to order. This 354 foot super luxury yacht is estimated to have cost over $210 million in the year 1991. It has a compliment of 60 crew members and boasts of seven decks with Tenders and Anchors hidden behind hydraulic doors to have a clean hull. It has an indoor swimming pool with a sliding roof. There are separate apartments for the owner and his family that are opulent.

It is reputed to serve as a floating residence for its owner and family and is usually found in the Mediterranean. The few days it is not in use would be when it is at the builders located in Germany where it is serviced and refurbished as required. It also has 2 powerful boats when any person needs to get ashore. However there is a helicopter permanently onboard for the exclusive use of the owner, his family and special guests. However there are yachts to suit every pocket and the important thing to remember is that whenever you go on a yachting expedition make sure that your precious home is protected with an effective security system like ADT Home Security Systems in place.

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Randy Collins is a freelance writer who is interested in yachting and believes that while on an expedition the home needs to be left secure with security systems available in the US market like [linkhttp://www.firsthomealarm.com/]ADT Home Security Systems[/link].

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