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Best Electronic Cigarette- Not much of a threat by [James](#)

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“Smoking is injurious to health”™, says a label on the cover of your cigarette pack. However, you are more than aware of the ills of puffing but can’t help but smoke one more. If you dream of quitting smoking without actually having to endure the hardship involved in restraining yourself from smoking, then there is a noble way out. All you need to do is to buy the best electronic cigarette available in the market. This is just like the same traditional cigarette in looks and gives the same effect to the smoker, but the major difference lies in the fact that e-cig does not contain any tar or tobacco and there is no smoke produced too.

Moreover, this does not give that awful smell that fills the air after you smoke a cigarette. So, on the whole, buying the best electric cigarette ensures one thing that it will not be affecting your health like the normal cigarette does.

The secret behind the e-cig is that it gives the same pleasure that a normal puff gives by producing an inhaled mist that is similar to what the real one produces. Moreover, being smokeless, the best electric cigarette that you buy does not affect the passive smokers too. While buying you need to be careful to buy a reputed brand, one with decent battery capacity and one that is reusable. Even though being devoid of tar and tobacco, it naturally is safer in comparison to the traditional cigarette but there are arguments over its claim as a safe replacement for the real one. There is one more dampener for the e-cig. Now, for even the non-smokers, electronic cigarettes could turn out to be a fad. Since, there is no recognizable harmful effect those who had never smoked could be tempted to try a puff or two.

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