



Article published on April 12th 2012 | [Supplements](#)

Are you suffering from the problem of Premature Ejaculation? And is this killing your sexual experiences? Well, there are loads of men like you, all over the world, who are suffering from this problem, but are either too shy, or scared to discuss it. Many hesitate to go to a medical expert for consultation, and others don't even as much as talk about the problem to their near and dear ones. However, what they don't realize is that the problem of ejaculating very quickly can become worse with time, and has more problems related to it. In fact, plenty of divorces and break-ups happen because women in the relationship feel disappointed with their partners, who suffer from premature ejaculation, and can't give good and pleasurable experiences.

Luckily, there is a way out of this problem. And the solution lies in proper herbal treatment for the same.

Many might say that there are already so many capsules and tonics etc. available in the market, then why should one go in for the herbal route? The answer lies in the preference for safety and effectiveness. Most of the medicines - capsules or tonics - available in the market are chemical based. And research has shown that not all chemical compositions suit all kinds of people. While some people are allergic to some components, others may develop serious health problems on consumption of wrong capsules. Therefore, the safest option is to go in for the herbal route, because it guarantees safety, and effectiveness for all.

Herbs like Ashwagandha and Shilajit are completely harmless for consumption, and do not cause any side effects. They suit all kinds of people, and help the males to enhance their fertility. There is a good increase in the libido, and one's endurance and stamina too experiences a major boost. In fact, problems such as nightfall, sudden erections, premature ejaculation, and erectile dysfunction are all easily curable with the help of these herbs. They have been used since ancient times, by males all over the world, to overcome these problems, and are also a major component of most herbal-based medicines today.

The good thing about Ashwagandha and Shilajit is that they also work on one's overall fitness and health. Apart from the sexual problems that they cure, they bring a good amount of increase in one's stamina and strength. With better health, one's concentration level also increases, and the person feels healthier and fitter. Thus, they bring not just physical benefits, but also mental benefits.

These two herbs are major ingredients of NF capsules. These capsules are easily available in the market, and are priced quite reasonably. Most health experts recommend these capsules to males who are suffering from the problem of premature ejaculation. These capsules are tested and certified, and are known to be quite effective. Being herbal and natural, they do not bring about any kind of side effects, and show good results quite quickly. Many people who have experienced the benefits of these capsules call them 'wonder' capsules.

Article Source:

<http://www.articleside.com/supplements-articles/i-ejaculate-very-quickly-herbal-treatment-to-delay-early-ejaculation.htm> - [Article Side](#)

[John Naruka](#) - About Author:

Read more about a [Herbal Treatment for Premature Ejaculation](#). Also know a [Herbal Treatment for](#)

[Low Sperm Count](#). Read about a [Nocturnal Emission, Wet Dreams Treatment](#).

Article Keywords:

i ejaculate quickly, herbal treatment for early ejaculation, early ejaculation treatment

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!