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How to Choose Best hair transplant Doctor by [James Hook](#)

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Hair restoration or hair transplant is a surgical procedure to solve baldness and hair loss problems in men and women. Hair can begin to fall out for many reasons. Some of these include sickness, getting older, chemical imbalances within the body, and heredity. Hair transplant is a procedure wherein hair follicles are taken and placed from one region of the body to the region where the person has hair loss. The process of removing the individual hairs from the extracted portion of the scalp is very delicate and it requires careful precision by hair technicians. This procedure does not require general anesthesia but instead requires only injectable and topical anesthesia.

There are basically two different types of transplant surgery - the FUT (follicular unit transplantation) is the more common type of surgery where a strip is cut from the back of your head and the hairs are harvested from this strip or the FUE (follicular unit extraction). This involves taking a strip of follicles or individual follicles and transplanting them into the part of the scalp where hair has been lost. FUE is now more popular among both men and women because it does not cause scars on the patients' head. Instead of the actual scalp tissue, only the hair follicles are removed per unit. Minoxidil is another alternative treatment that can be used. It is a vasodilator that relaxes and smooths muscle cells in the blood vessels.

There are a number of benefits to this surgery including: It's A Permanent Solution for Hair Loss, It's Your Real Hair and it's Convenient

Hair transplant surgery does not have immediate results. After the surgery has been done, the hair will fall out of the follicles. This does not mean the surgery has failed; it is merely part of the process.

Hair restoration cost is basically, the cost of hair transplant surgery, and though they can't be called inexpensive, they are relatively cheaper when compared to other hair treatments. The hair transplant cost varies considerably from person to person, and also depends on how many grafts you need, the number of sessions involved, and the hair transplant center or clinic you visit. But take your time, do your research and really make sure this is the right decision for you.

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