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When we know of any person who has psychic abilities or is able to do psychic readings, we easily get amazed and sometimes even wish that we had the same abilities.

Well, this article will help you get closer to that ability. The truth is that developing psychic intuition can be done as long as one knows how to do it. Here are the easy steps that you can follow.

1. Meditate. This is the basic exercise one must have. There are also many ways of meditating. But to have a complete list of the possible methods, you may refer to the internet.
2. Write a journal. It is important to bring along a journal everyday, wherever you go. This should contain any and every thought or coincidences that you feel has some connection to psychic intuition.
3. Visualize. Visualization will become your best friend in the process. It can be done by imagining things, positive things. For example, you may try to visualize the ocean-- the movement of the current, the waves, the sound of the splash, the breezing of the wind. Or, you can also imagine a lemon. Try to see and observe its color, skin, and fragrance. Then visualize cutting it in half and dwell on its scent or aroma.
4. Precognition matters. There is a difference between guessing and letting precognition take its course. For example, when answering your phone, listen to your intuition as to who is calling. It just pops up. So do not guess. Though the first few times may be frustrating, remember that it takes practice, constant practice to get there.
5. Have your own sacred space. This is the place where you will do your meditation, journal writing, as well as journal review and reading. This space does not have to be well decorated. It only needs to be cozy, private, and undisturbed.
6. Be close to nature. The problem with our surroundings today is that we are all too busy to notice and be attached to nature. So, to help you develop your psychic intuition, it would help to get close to nature by walking along the beach alone, feeling the breeze, and noticing the smallest of things.
7. Practice. Like any other skill, developing psychic intuition needs to be practiced. Take every chance and opportunity to use it.
8. Be positive. Do not dwell in negativity. Just go only for positive things. Your thoughts and actions should have to be positive all the time.
9. Hear that voice in your head. Intuition is basically the voice inside your head. You do not force to get it but it only arrives there by itself. So be sensitive to this voice.
10. Share with the veterans. When you have friends or advisers who have very sensitive intuitions, then compare notes with them. Share with them your thoughts and see if you have gotten it correctly.

Psychic intuition is a very important skill we can have. But it has to be always used for the good of everyone.

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