Correlation and Difference between Reiki and Psychic Energy by Jackson Swift

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Ever heard of reiki energy and psychic energy?

These chakras and aura, which are called psychic energy, and reiki are used by healers, either psychic or energy, in alternative energy healing.

Understanding Psychic Energies (chakras and aura) and Reiki

Understanding Psychic Energies

Psychic Energy is primarily manifested through a personâ€™s Chakras, the energy centers in our body in which energy flows through, and Aura, the electromagnetic energy field surrounding the physical body that contains lots of information about that soul. This energy is the physical bodyâ€™s personal field of energy that can be controlled or guided by our psyche or mind.

Because, similar to other energy, psychic energy is also vibrating, invisible energy waves, it can travel across fields or â€œworldsâ€•, thatâ€™s why these psychic energies, the chakras and aura, can be psychic reading and healing.

2 Manifestations of Psychic Energies

Aura. Generally, every person has 7-layer aura, which appear in different colors imaginable, inclusive of those that are beyond our visible spectrum in the shape of an egg or oval form. Aura usually extends 2-3 feet from the body and might appear as something that resembles a heat haze, radiating fibrous light and energy, with different colors encompassing the whole body.

It is believed that each of these auric bodies gives off a distinctive frequency which, when taken as a whole, will interrelate, and deeply affect the person's feelings, emotions, thoughts, behavior, and even physical health and well-being.

It is also believe that there are some psychics that can see these seven layers and interprets these 7 layers as:

the 3 inner layers are in close relation to our mind, emotions and physical well-being

the outer 3 layers are more concerned with our soul and spirit

Chakras. Generally, there are 7 major energy centers (chakras) within the physical body that run along the spine, in particular, located where groups of nerves meet to form nerve centers. There are also minor centers in the hands and feet as well as where median lines cross in the body as identified by acupuncture.

These chakras are said to be "force centers" or whorls of rotating energy centers that are considered focal points for the reception and transmission of energies. They are also believed to be controllers of our psychic experiences, being compared as a camera aperture have the ability to open and close as they process information from the world around us.

Chakras Involved in the Control Our Psychic Information

2nd chakra is involved with psychicâ€™s ability to feel energy or clairsentience. It is located just below the belly button.

5th chakra is involved with psychicâ€™s ability to hear information or clairaudience. It is located in the base of the throat, just below the voice box. An example of this is our inner dialog where we are always receiving information on clairaudient levels.

6th chakra, sometimes referred to as the 3rd eye, is involved with psychicâ€™s ability to see pictures in your mindâ€™s eye or clairvoyance.

7th chakra is involved with psychicâ€™s ability to just know stuff or knowingness.

Understanding Reiki Energy

On the other hand, reiki is the spiritually guided life force energy. The word Reiki is made of two Japanese words, rei which means spirit, God's wisdom or the higher power, and ki which is better known as Chinese qi or ch'i means vital energy, breath of life, or life force energy.

Understanding the Difference between Reiki Energy and Psychic Energy

The difference between reiki energy and psychic energy lays in the difference its control or influence.

Take these points of difference:

Psychic energies are used by psychics in healing, along with using their psychic gifts, such as seeing or clairvoyance, feeling, hearing and knowing.

As psychic energies can be controlled or guided by our mind, therefore it is limited by the experience or ability of the psychics.

Whereas, reiki, though used for non-physical healing energy, makes use of a personâ€™s life force energy that is guided by the higher intelligence.

Reiki cannot be guided by our mind, so, it cannot be limited by the experience or ability of the practitioner as well as cannot be misused as it always creates a healing effect.

As reiki is guided by the Higher Intelligence, it knows exactly where to go and how to respond to restrictions in the flow of Ki, which flows through and around the individual and is the source or cause of our health.

In reiki healing, Reiki energy can work directly in the unconscious parts of the mind/body which is said to contain negative Ki-inhibiting thoughts and feelings and eliminate them.

Overall, psychic energy is controlled or guided by the psychic or our mind while reiki energy is influenced by higher intelligence.

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