



# Article Side

How to Change Windows 7 password Efficiently by [Ander Winger](#)

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It's well known that Windows 7 has higher security than previous Windows OS versions. It means it's more difficult to crack Windows 7 password. Even though, it's still necessary for many Windows 7 users to change their forgotten Windows 7 password.

Windows password rescuer is an easy, safe and effective way to change your forgotten or lost Windows 7 password. No special computer skills required. You can reset your forgotten or lost Windows password in minutes following the exhaustive steps below.

1. Download and install Windows password rescuer on an available computer.
2. Burn a bootable CD/DVD or USB. (A USB flash drive is well-recommended)
3. Start your Windows password forgotten computer and enter BIOS to set your computer boot from CDROM or USB flash drive.
4. Insert the burned CD/DVD or USB flash drive into the locked computer.
5. Select a user account to reset its password and click "reset password" on the user list.

Note: Your Windows 7 admin password has been reset as blank, so you should not input the admin password when you login computer with admin account.

You should know:

If you're a Windows guest account or an admin user but several admin accounts created on your computer, it's easy to change your Windows 7 password. But the only admin Windows 7 password recovery is really a challenge unless you don't mind computer data lose and reinstall your computer. If you want to reset your Windows 7 admin password without any data lose, Windows password recovery tool is your sole saver.

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A Windows 7 user, a [changed my Windows 7 password](#) several times for bad memory. So, I'd like to show my experience with other users who forgot Windows 7 password. Hope they can [change forgotten Windows password quickly](#).

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