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Food gifts arenâ€™t as ancient as the civilization. In the days of past, when there was little else to be shared, food was used to shower affection and appreciation. The tradition still exists today. When visiting a Japanese home, it is common for the guest to present his host with edible gifts like alcohol, cake, and even gourmet tea, rice and crackers. If you are one of those looking for some yummy gift ideas, read on:

â€¢ A gift should reflect the tastes and preferences of the recipient. For instance, flowers arenâ€™t a welcome idea unless you are sure that the person isnâ€™t allergic to pollen. If the recipient loves to cook, gourmet food gift baskets that contain an assortment of sauces, pickles, soup mixes, jams, and other gourmet food would be highly appreciated. You can choose from the best French cornichons, piquante peppers, golden peppers, Greek peppers, stuffed grape leaves, wild cherries, Spanish capers, etc.

â€¢ You can also choose gift baskets that contain gourmet fresh and dried fruits, vegetables etc. You can also get special fruit baskets that contain chocolate dipped fruits, cheese etc.

â€¢ And if the recipient is a wine and cheese connoisseur, there are several food stores that sell the best gift baskets with wine. You can choose from the Classic Chardonnay, Classic Shiraz, Classic GSM, and the best Cabernet Franc, Champagne or a Classic Hermitage. As for the cheese, you can choose from a wide variety including blue cheese, exotic moose cheese, goat cheese, and even the exclusive caciotta.

â€¢ Carnivore fans are sure to love steak gourmet baskets. Some of these have the best Wagyu steaks, Angus rib eyes, smoked ham, smoked turkey, live lobsters, Maine lobster tails, and other fresh sea food. Accessories such as oyster knifes, marble mortar and pestle, spatulas, etc. can also be included in these gifts.

â€¢ Food gifts are also popularly used for corporate gift baskets. You can choose from a wide variety of chocolates, wines, dried fruits, and nuts. Promotional gifts that include the brand name and logo of the company can also be included in these baskets.

â€¢ There are some that specialize in unique gift baskets. Thus, you can buy an oriental gift basket, a Mexican gift basket or Italian gift baskets. An oriental fruit gift basket includes some of the most exotic fruits like Carambola, guava, lychees, persimmons, kumquats, mandarins, passion fruits etc. Rice wine, sake, exotic sauces like teriyaki, duck sauce, hoisin sauce, molasses, coconut milk, can also be included in these gift baskets.

These are just some of the best things that can be included in a gift basket. You can either order these through online gift stores, or can make them yourself.

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Joanna Morley - About Author:
Joanna Morley specializes in a gift baskets and edible creations, and suggests a gourmet food gift

basket ideas and a corporate gifts basket ideas to clients.

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