



Article Side

Healthy Horse Supplies for Performance Power by [Kody Reid](#)

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An athlete has to think about training, and equipment or kit, not to mention diet and nutrition, if they want to give their best performance. It is no different when it comes to animals that are being reared to be fit, strong and able. From a small pony in a paddock, to a marathon running mare, and a stealth stallion, competing on the track or field, there are specialist nutritional, dietary requirements which are needed to ensure your exquisite equine is in excellent health.

Firstly you need to ask yourself if your filly is performing to best ability levels or not. Just as is the case with humans, it can sometimes be difficult to know why there is a lull in output or power. In this situation, a blood test and analysis might be the answer, rather than just adding in new ingredients to the diet and hoping for the best. Knowledge is power and the most responsible riders take their position in the saddle seriously when it comes to looking after these handsome creatures.

Racing down a furlong inevitably creates wear and tear on the body, and a potential winner might benefit from hoof pads or tendon boots. Getting horse supplies which help your equine's health, and help protect vulnerabilities out in the rough and tough of this competitive world needs to be thought about properly. Even those attending riding lessons, or taking part in local gymkhanas take into consideration every aspect of the wellbeing of their animal. In any competitive sport, there is always the risk of injury and this requires not just protection to minimize the chances of any damage, but also a way of maintaining fitness levels and general health so that the immune system can fight back and heal.

Ice packs and a first-aid kit should always be at the ready whenever there is any performance or action. Just as you would not like to be without any medical supplies yourself should you get a cut or a bruise, a true animal lover would undoubtedly ensure that they are taking care of their pony too. Other types of equipment help performance in a different way, such as weighted bell boots which encourage a sharper hoof movement, or muscle builders. Just as your riding kit is designed with comfort in mind, a saddle and racing boots should not cause any discomfort to your pony partner either.

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