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These pieces of culinary equipment can actually be relevant and useful in a home kitchenâ€”not just in a restaurant or deli. This article will tell you a little about the uses for meat slicers and food dehydrators, so you can consider adding them to your common collection of home cooking and processing items. Nesco is a popular brand of both food dehydrators and meat slicers that can be a great purchase to start.

First, what is a meat slicer? These are the large machines you see with a circular blade that can be adjusted in order to cut different thicknesses of meats and cheeses. However, what many people fail to realize is that they can actually slice vegetables on a meat slicer too! If you can do all of this slicing quickly and easily from home, youâ€™ll save a lot of time and money in preparation necessities. Youâ€™ll want to consider the watts that your meat slicer has, which is the amount of power youâ€™ll get from it, if itâ€™s electric. You want to make sure that youâ€™ll have about 130 to 250 watts of power for a good home meat slicer, like that youâ€™ll find with Nesco brand. The blades will be about 6.5 inches to 8.5 inches in diameter.

Next, there is the Nesco (or other brand) food dehydrator. This is something that will extract the bacteria-harboring water that is part of your produce, fruits and vegetables. This is what causes the produce to decay over time, if you donâ€™t eat them right away. What the dehydrator does is allow you to remove that water and leave the fibrous, tasteful part of the produce to eat. It creates a healthy, chip type snack, or sometimes a gummy snack that slightly changes the tastes and gives great variety to your snacking and healthy eating. It makes getting your servings of fruits and vegetables much easier and more fun. You donâ€™t need to do anything while the dehydration is happening, either, because you simply line the slices of fruit or vegetables up onto the trays and then wait. You can use your Nesco meat slicer with a Nesco food dehydrator as a pair in this way. The process becomes quick, easy, and enjoyable.

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Flora Lopez mostly writes about Electric Meat Grinders, Meat Slicers, Meat Chopper, Food Dehydrators and Manual Meat Grinders.
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