# Article Side

Buy Electronic Cigarettes to â€˜quitâ€™ smoking by James Blee

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Smokers feel very uneasy and impatient if they have finished with their pack of cigarettes or attending a non-smoking place. The addictive nature of nicotine creates an urge that smokers feel impossible to avoid. Technology and modern science have eliminated all their worries as now they can easily buy electronic cigarettes which look like a cigarette and fulfill the same purpose of smoking. Moreover they are easy to carry, possess no health hazards and can be used anywhere.

This cigarette is beneficial for quitters as they are primarily built on the motive of smoking cessation. A smoker can derive the same experience of smoking without creating any adverse health effects of it. An electronic cigarette comprises of three essential parts namely a cartridge, an atomizer and a power supply. Most of these components are reusable, replaceable or refillable though some models are disposable in nature. The cartridge forms the mouthpiece and contains a small chamber holding the liquid that produces a mist giving identical physical sensation and sometimes the flavor of nicotine when inhaled.

The power supply to the atomizer is provided by a rechargeable battery. The battery compartment also incorporates other minute components required for operation. These atomizers are reusable but come quite expensive in market. Comparatively a customizer option is available as a substitute to an atomizer and it replaces the separate cartridge and atomizer component as a single integrated piece..

Think of using an electronic cigarette if you are planning to quit smoking or have promised your loved ones that you will do so. This cigarette will definitely help you in achieving your target and will assist you in leading a healthy lifestyle eliminating all the ill-effects of a normal cigarette and nicotine. Create a better environment for your children by giving up smoking or rather we can put it in a different way â€“ Smoking â€¦ yet not Smoking!!

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