Choosing the Right High Top Trainers by Stuartgreen

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Description of High Tops

Hi-top trainers or simply called high-tops are shoes that extend above the ankles, used for exercise and casual wear. High top trainers are first known in basketball sports to support the feet without limiting flexibility. They also secure the ankles, support the heels, avoid injury and prevent traction.

The Earliest High-Tops Producers

It was in 1917 when the Converse Company produced the first ever mass soft rubber sole shoes. The black with white laces shoes was designed by Chuck Taylor. This is where the word â€œsneakersâ€• originated, when the company set off the shoes with rubber soles, outplacing those noisy-soles shoes. While in 1982, high-tops with upper and sole cushion for women were developed.

Tips on Choosing High-Top Trainers

High quality shoes are not something about the price; rather, good quality is measured on the sturdiness and comfort the shoes would bring over time. Some consumers are dismal on the high-priced shoes, but all they get are pain on the heels and easily-wrecked sneakers. Finding the right and best high top trainers, therefore, is not about the price and the sneaker brand. It is a matter of being comfortable with the shoe and how the sneakers augment your selfdom.

Here are some tips on choosing good quality high-tops:

ï‚§ Fit the right size. Never assume in taking measurements. As much as possible, avoid purchasing items from online stores. This is to avoid size and quality differences of the sneakers.

ï‚§ A good high trainer is flexible, such as shoes do not feel rigid when bent.

ï‚§ Know the use of sneakers. Athletic high-tops must be designed for sports performance than for fashion. They must be durable, flexible and buffering.

ï‚§ The sneakers must provide proper support and cushioning.

ï‚§ Shoes must be in snug fit and has good arch support.

ï‚§ Do not get fixated on the popular brands. Not all of them create good quality shoes.

Also, price does not determine the right shoes for you. Examine the right shoes. Hi top trainers are available in different colors and styles. They are available for men, women and kids.

Designs of high tops are becoming contemporary and leading-edge. Heel-designed hi-tops like stilettos are built for fashion than support, while the traditional-laced shoes are now patched with straps and zipper styles. Different sneaker companies become distinctive on their designs too, when it comes to color and material choices. Some labelled their items by their logos.

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