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Visualization: the Missing Secret by Jane Thomson

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What would you do if you could have anything you want and you knew that you could not fail? Perhaps you would put yourself in the most enviable situation of all - to get a large, steady paycheck for doing what you love most in the world.

Think of the peace and the joy that would bring you. Other people may make more money, but in a way you'd still be richer than any of them.

The first step is to figure out exactly what you want to do. Then you need to make it believable for you. For example, you may want to be a rock star. You can visualize it all you want, but chances are it's not going to happen. That's because you're missing one of the secrets to effective visualization.

Your goal has to be believable!

So many people try so hard to visualize their way into success, but it never works because they try to use it on goals they donâ€™t believe in or donâ€™t truly desire.

If you're pushing 40 and have 3 kids, a goal of becoming famous may feel unrealistic for you at this point. That doesn't mean that you have to give up entirely. You may just have to do a little internal negotiation.

Ask yourself this question: Could something in a similar field make you just as happy? What if you could teach or play back up in another band? Whatever your ultimate dream is, maybe you can find a way to ease into it on a part time basis before making the leap to full time.

Once you have created a clear objective about what you want and what you feel is possible, it's time to feed your Subconscious mind non stop success images. Every day, take a few minutes to clearly visualize achieving your end result. It's especially important to do this in the morning when you wake up and in the evening. When you're in that sleepy alpha state, your Subconscious is far more receptive.

You can also put pictures all over your house and your workplace to constantly remind you of your dream. Every time you see them, you program your goal a little more deeply into your unconscious.

Meanwhile, keep learning everything you can about your chosen field. Keep improving and taking action in every way possible. Above all, keep your end point in your mind at all times and persist until you make your dream a reality.

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Do you have big dreams but lack the discipline or confidence to reach them? Find out how you can reprogram yourself and become the person you've always wanted to be in your free report â€œPower a Visualization. Visit a www.howtovisualize.net and get it today!

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