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The Essence of Humor in Our Everyday Life to Make Our Life Enjoyable

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Many of us just burst into laughter when we hear a joke. Even when we see a comedy, we cannot contain the zealous feeling of just moving our cheek muscles and showing our teeth. This essence of humor has just become a part and parcel of our life. Being humorous or you can say that funny is a good quality. Do you know that cracking jokes helps relieve stress? If a person is stressed or sad, you could ease and cheer him by cracking a joke.

Now one thing that we all can agree is that humorous people are like the gems among the stones. They are easily attracted. Many people just like to be around them. You can say that they are the crowd pullers and such people have scads of friends. There is no way a humorous person can make enemies. The quality of cracking jokes and making people happy during tense situation is a mind-blowing ability. Seriously, such ability can also make a person turn his or her foe into a friend.

>Having a humorous quality can help you to start new relationships and sustain your current one. During the first date, every girl likes her date to be charming and humorous. Even being in a relationship whether it is serious or not, your partner will prefer you to be humorous and jovial. It does not mean that you keep cracking jokes and do fun things every time. No! You need to know when to do such thing i.e. if the situation demands. Even if you are working in the office, you would prefer to be in the company of a humorous person.

Sometimes you may be doing grueling work and trying to meet deadlines. In such cases with the stress and workload, you would always prefer to do it with your partner who is humorous. Even though that person may be slow in doing the work, unorganized, etc, you would still be happy to work with him. Why? It is simple. You have a person who not only helps you, but also keeps you on your toes. By being humorous, he eases the pressure out of you and makes you more energetic and enthusiastic to do the work. Now you won't want to work with a person who is humorless or a sadist. Whoa! It would be like working with a zombie or Frankenstein.

Many people are humorous by nature and some become one to impress other people. In a sense, it means that many people have this basic quality of being humorous when they were children. They must have had this skill when they were born and as they grew, this skill developed and improved. That is why you must have seen and experienced in your life especially in schools, colleges and office, people hanging around with popular ones like bees in a beehive. Sometimes they are surrounded by admirers from all sides that you can't even see their faces.

There are people who see what humorous people can do and achieve and try to become one. You may think it is silly, but frankly it is true. Just assume that you are a shy person who would want to make friends. Since you are shy, you would feel awkward and frightened to talk to people. Some people may term you geeks or nerds. In this case, if you could be humorous, this tag could easily disappear.

Now to be humorous, one can read a lot of comedy books and novels. You could even watch comedy sitcoms on your cable TV and even subscribe to comedy channels from your cable TV packages like Dish TV Packages. Just remember this, an opportunity that comes only once and you need to seize it in the first instance.

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Mark is a freelance writer and columnist. He has written a variety of articles and reports on society, characters of people, skills, events, etc. Being an ardent fan of sitcoms like 'Friends', 'The Big Bang Theory' and 'Last Man Standing' , he enjoys them and likes the comedy TV packages of a Dish TV Packages.

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