Stressful Jobs that Could Test your Patience and Life

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A Lot of people throughout the world, especially in the US find their job stressful. The long hours, low pay annoys them so much that their stress level shoots up. It is true that some jobs are stressful and involves in giving more than 100% of your time and efforts. It is not that you are giving storage solution advices or running one.

Many job portals, analyst, psychiatrist have said that nowadays with the increasing economic pressure, the jobs have become difficult and people are spending most of their time in their office rather than at home. Many of the most stressful jobs involve perils and significant hazards, whether itâ€™s coming into contact with hazardous materials or having other peopleâ€™s lives in your hands. Keeping in mind of these criteria, here are some of the most stressful jobs that require you to be at your best and keep your anxiety and stress at bay.

Cab Drivers - Some of us may feel that being a cab driver is fascinating and enjoyable. You are the king of your own work as you get to set your own hours and there is no irritating and freaking co-worker next to you. But it is not quite true. You see cab drivers are at the receiving end as they sometimes have to work late at night and their shift hours could be long. They are prone to attackers and victims of crime. Their pay is less (including the tips) and work for long hours which is quite stressful.

Photojournalist or Photographers - At the first glance this job seems to be filled with excitement and visits to exotic places to take photographs of beautiful sceneries, historical events, famous people, etc. But this is not a fairy-tale job. Most photojournalists are always on deadlines which makes their job stressful.

Photojournalists are not just out for a stroll taking photos like a tourist. They get called on a momentâ€™s notice to go where the fire is burning, where war is waging, or where the car accident is being cleaned up.

Public Relations Executives â€“ This can be said to be one of the most thankless jobs. Theyâ€™re constantly under pressure from clients to get more press and justify their pay. They have to build the image of their clients and increase their popularity.

Frankly, most of their clients whom they pitch in on a daily basis arenâ€™t always happy to hear from them. Public relations executives are constantly trying to keep all the plates spinning. They have to make sure that their clientsâ€™ image is not distorted and in case if it does happens then it has to be brought up by various social activities and charity works.

Firefighters - Firefighters donâ€™t just have the occasional dangerous work situation, just about every call in a day is a dangerous work situation. Firefighters run toward buildings that are filled with fire, smoke, and hazardous materials that the rest of us would run away from.

For the people trapped inside burning structures, itâ€™s probably the most dangerous day of their lives. For firefighters, itâ€™s just another day on the job. They are the first and the last ones to come out of a burning building. Their job is stressful as each day is a matter of life and death.

Senior Executives â€“ You may think that being a senior executive is a luxurious one as you get your own office, good pay and unlike the other jobs given above you have a lot of control over other people. But the main reason why a senior corporate executiveâ€™s job is full of stress is because they

are directly accountable for the actions of a large group of people and have to answer to shareholders or owners.

Besides that, they make decisions such as whom to hire and fire and whether to keep a division open or to close it. In good times, the job is not quite as stressful, but after an economic recession it is a like swimming in a deep ocean filled with sharks.

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