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Keeping safe by Dechigno Dack

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Modular helmets are simply the more sophisticated name for the full face helmet. These essentially cover your entire head and have a flip open visor across the face. Being able to have this flip open face, makes adjusting the helmet rather easy and also makes it comfortable compared to the open helmets that many prefer. It in no way brings down the safety levels of the helmet, because when you are riding, you can choose to close down the visor.

When worn the right way, these helmets are really safe. It is best never to ride with these helmets flipped open. Debris could get into your eyes causing you to lose control of the vehicle and crash. The main idea behind a modular helmet is to provide the rider with comfort as well as some level of adjustment without compromising on the safety levels of the helmet. One main advantage to this helmet is that it can be used by those who wear prescription spectacles as it gives them a great deal of comfort.

When you are testing out the helmet make sure that you wear it and check whether it has a tendency to roll over. Should you be in an accident and the helmet actually rolls of your head when you fall, you are going to be severely injured. It is also important to have the front portion of the helmet in the downward position when riding even if you do feel a little exposed considering that it is removable.

It is best that these helmets are bought at a retail store. This gives you the ability to wear and test it for comfort and fit. There are several stores with a specialty in modular helmets and you shouldnâ€™t have much of a problem finding one that suits you. Look for stores that carry multiple brands and do your research on the credible brands. Remember that they may be expensive, but they do an important job of keeping you safe in the course of an accident. The prices range between $100 and $300. You will of course get those that are below $100 but the level of safety is not exactly guaranteed.

What you could do is a research online on the different brands available and the price ranges. This will give you a good idea of what you would like to test. Once you are sure of a couple of models you can head down to the store and make a choice based on good fit.

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