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Do Rebound Relationships Work? How to Know if Your New Interest is Ready to Enter into One by [Justin Murphy](#)

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Most people understand what a rebound relationship is. For those of you who don't; it is simply a relationship where one person has recently broken up with someone else. In other words, a third person starts going out with one of the partners who have just broken up their relationship. To put it still another way, a person catches another on the rebound after he or she has been cast aside by his or her former partner.

There is a school of thought believing such relationships don't work simply because when people have been hurt they are down in the dumps and therefore are liable to be blinded by the fact that there is someone who wants them. Yes, this can often be true but people can be blinded and infatuated in other ways by people they have just met even if they have not just broken up with someone else.

There are many reasons why a couple may break up. A very common reason is they decide, by mutual agreement, their relationship just isn't working anymore. Also, it is not uncommon for one person to just simply kick another person out. For whatever reason, one can just become fed up with another and often it is not the fault of the one who is being cast aside.

A person who has just been cast aside is one who will most often fall into a rebound relationship because this person was comfortable in a relationship but lost the relationship through no fault of his or her own.

If you are entering into a relationship with someone who has just split with another, try to find out why the split took place. The reason this is valuable knowledge is because you want to know if you're dealing with someone whose feelings are on the mend. When this is the case, people can be awfully sensitive and you have to understand that they may be touchy in certain situations.

Realize that someone who is rebounding from a relationship is going to take time to put the former relationship behind him or her. They may talk about their former partner and this is no reflection on you. In fact, it's one of the problems with a rebound relationship because you're dealing with someone who needs to adjust from one partner to another. Try to understand this and don't think it's because this partner is holding anything against you.

However, you must make sure this person knows that you are not the former partner. You are a totally different person and you need to be treated as such. When rebound partners starts taking their new partners to the same places they went with their former partners and they maintain the same exact routine they previously had, they may not be yet ready to replace their former partners but instead are fantasizing they never broke up.

You must reject this at all costs. The bottom line is some people get over their exes a lot sooner than others. Sometimes a rebound relationship works great because this rebounder can tell in an instant that you are totally different person than his/her ex and he/she is happy this is the case. Still, it is not a very good situation for you if he/she is confusing the two of you. If this happens, this person is not ready to have a new relationship and shouldn't be entering into a rebound relationship at all.

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Need sound advice about what to do regarding being in or thinking about entering into a rebound relationship? We all know love relationships can be complicated enough without adding in the fact you or your new partner just broke up with somebody else. However, love expert, Hilda Laine has been helping people get together as well as mend their broken relationships for over a decade. Visit her free website at a [Getting Your Ex Back](#).

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