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Growth and development of Squash Rackets by Carina Coronel

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Squash is a fast game that originated from England. The game was stated to be created by the students of Harlow school using a soft Indian ball that squashed when hit on the wall. From the earlier time up to 1980, squash rackets were made from laminated wood with small strung area that utilised natural gut strings. They were normally heavy yet still deliver escalating power as the player swung it on every stroke.

Around 1980 sports racket companies saw the call to improve it as a result a fresh development of squash rackets made from graphite were basically introduced in the market. As opposed to wooden squash racket, the revolutionary rackets are considerably lighter and also stiffer. For this reason, it resulted for the wooden rackets getting outdated. Subsequently, composite materials were put to use to produce squash rackets such as Titanium, Kevlar as well as Boron while the strings are created from synthetic materials.

Several compositions were likewise incorporated with the squash rackets to meet the necessities of its different users. Significantly, the racket's weight has been varied which range from 140 to 170 grams. Ironically, lighter squash rackets are suitable for skilled players while the heavier ones are for those who are just beginning to learn the game. The reason for this is that if a novice player starts with a lighter racket they will not develop the opportunity to build their own ability in managing a fast ball.

The head size of squash rackets also differ. Beginners and advanced players normally go for a larger head size since it supplies a bigger sweet spot. It indicates that even if the ball hits any spot of the racket's head the player can still make an exact shot. On the other hand, advanced players would rather use a smaller head size racket that varies from 380 to 420 square centimetres since they are already experienced in playing the sport.

Additionally, the head of the modern squash rackets may either be heavy or maybe light. This is certainly established on the place that the centre of the racket's balance is placed when being held. Beginners preferred to employ a head heavy racket since it will lead to less stress on the arm of the player.

Conversely, the sports companies who are in charge in producing squash rackets need to comply with the present World Squash Federation rules declaring that the racket's length which includes the grip, frame and face should not go over 27 inches. The strings must not be over than 15 3/8 inches. It must also be vertically symmetrical from the top where the strung area is located to the bottom of the grip.

Definitely sports companies are always exploring and applying the modern technology in building their own squash rackets for the advantage of the squash game enthusiast. It has developed dramatically from the simple rackets utilised by the scholars of Harlow to its current condition now. Certainly this can all be credited from the continuing study of the sports companies to offer the most effective squash rackets for all players.

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