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Fort William is known as â€˜The Outdoor Capital of the UKâ€™ and there are a number of hotels in Fort William which cater especially for those who come here to enjoy a wide range of outdoor activities. These include mountain based sports such as climbing, hill-walking, ice-climbing, mountain biking and skiing but increasingly people come here to enjoy the clear water of the lochs and the area provides some stunning (if chilly) scuba diving opportunities.

Fishing

There are a range of fishing opportunities around Fort William, both fresh water and marine. The lochs and rivers provide superb opportunities to catch salmon, trout and pike while there are a number of sea fishing trips where pollack, cod, mackerel, and skate can be caught. Fishing charters are available although there are many opportunities to fish from the shore.

Adventure sports

The area is increasingly known for the range of more adrenalin-inducing sports such as canyoning which includes swimming and abseiling down the rocky waters of Glen Nevis and down the Inchree Waterfalls. There are also some superb opportunities to try out paragliding at the Nevis Range. Ice climbing is becoming an ever more popular sport and can be enjoyed any time of year at the Ice Factor where there are indoor ice walls with instructors on hand and walls for every level of climber, from the beginner to the highly experienced.

Golf

There are three golf courses around Fort William which cater to all levels of skill and the famous Traigh course at Arisaig is less than an hour from the town.

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