Article Side

How to Savor a Nile Cruise by Terrance Richardson

Article published on March 2nd 2012 | Outdoors

Whether you are embarking for three days or three weeks, your cruise down the Nile can be greatly enriched when you are properly prepared. Staying comfortable is the key while cruising the Nile, so pack accordingly for conditions that will range from scorching desert days to balmy shipboard nights with respites of air-conditioning in between.

Dressing for the Desert

Pack lightweight, loose fitting cotton clothing that can be worn in layers so air circulates freely around your body. On your tours of famous sites like Abu Simbel, Karnack and the Valley of the Kings, comfortable shoes with thick soles are essential for navigating everything from hot walkways to damp tombs. Include a light wrap for air-conditioned buses and chilly evenings.

You want to keep your head and eyes covered whenever you are out in the blazing desert sun, so include a variety of scarves, an open weave hat with a floppy brim and polarized sunglasses. Bring along a variety of sandals for shipboard leisure, including a dressy pair for nights on the town.

On Board

Gliding down the Nile is like taking a trip through history, so include a good pair of binoculars to get a detailed look at the mud hut villages, primitive fishing boats and ancient ruins. A personal hand-held fan will be invaluable, invest in durable ones with wrist straps that easily fit in your pocket or handbag.

Bugs are a real nuisance on a Nile cruise, so pack insect repellent towellets and include after-bite remedies and some mosquito netting. Pack along your favourite over-the-counter remedies in case of headaches or an upset stomach from exotic meals.

Sightseeing

Travelling light on your excursions is easy since you can leave nonessentials behind and valuables locked up in the safety deposit box in your ship's cabin. Handy items like sun block, bug repellent and hand sanitizers are sold in convenient packets so you can slip enough for the day in your pocket. A sturdy neck strap with a clip-on pouch can safely hold your cell phone/camera, identification cards and room keys. Only carry enough local currency for tips and tidbits and take along one international credit card for any large purchases. Have a fold up bag along to stash souvenirs and pamphlets you pick up on your expeditions.

Respecting Customs

Wise visitors respect the Muslim traditions regarding appropriate dress, especially for females. Suggestive clothing, even revealing swimwear, can attract the wrong kind of attention. Both men and women should show proper respect when visiting a Mosque, which means covering their upper arms, head and legs before entering. Keep in mind that you can purchase appropriate garb from the local vendors at your ports of call along the way.

Article Source:
http://www.articleside.com/outdoors-articles/how-to-savor-a-nile-cruise.htm - Article Side

Terrance Richardson - About Author:
Book a a Nostalgic Nile Cruise here with Bales Worldwide â€“ the luxury travel experts!

Article Keywords:
luxury holidays, luxury holiday, luxury travel

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!