Short Cigarette holders and common maintenance by Denicotea

Article published on March 26th 2012 | Others

The cigarette holder, which was once a beggarâ€™s last resort to smoke, turned out to be a style icon in no time! It forms an inevitable part of the Japanese fashion even now. The short cigarette holders are said to add to the personality of the user and keeps his hands free of the nicotine stains.

A cigarette holder is a long tube with a broader end to hold the cigarette and the other end going to your mouth, clenched between the teeth. Cigarette holders are broadly divided into two; Long cigarette holders and Short Cigarette holders. Long cigarette holders are usually preferred by woman and come in a length of around 100mm to 170mm. whereas the short cigarette holders are more preferred by men and come in lengths of 50mm to 70mm. As a standard, the cigarette holders are of four types, Opera, Theatre, Dinner, and Cocktail.

The amount of smoke inhaled is less when using a short cigarette holder. Less smoke means less irritants getting into the body and less acid to the stomach. Also it keeps the rate of germs transferred from cigarette to the mouth less. A cigarette holder provides a cooler and light smoke which is preferred by the feminine lungs!

Few precautions that can be taken care of while using a short cigarette holder can be summarized as below.

Periodic cleaning of the holder would be more hygienic, when to be done can identified by just looking at it, or when you find it more hard to smoke. If the holder can be unscrewed, clean it by inserting a pipe cleaner. It would be most unhealthy smoking if the short cigarette holders are not clean.

Inserting the cigarette into the holder should be quite gentle. Place the cigarette butt or the filter end against the broader opening of the short cigarette holder and screw it gently inside. If pinched or disfigured, it might be possible to smoke. Once lit, hold the cigarette holder pointing upwards, so that the cigarette will not fall down or get loose. Removing the cigarette from the holder is yet another careful task. Grasp the cigarette butt and twist slightly to remove it from the holder. Donâ€™t try to hit the cigarette while itâ€™s still on the holder, it might get further difficult to remove. Modern short cigarette holders comes with a manual ejection system, that can remove the cigarette by just moving the holder cup backwards, avoiding the direct contact of the cigarette by the user.

Be careful with using the cigarette holders inside a car or any small space, as the chances of fire are high if careless. It safer not to light a cigarette in a cigarette holder while inside a car and taking a steep down.

To be very brief on the style of smoking, hold the cigarette holder between your thumb and index finger g at almost 3 inches away from the mouth piece, move the remaining fingers underneath the holder and raise the middle finger to support. Proper maintenance of the short cigarette holders can enhance the smoking experience as well as keeps it hygienic. Enjoy your smoke!

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Article Keywords:
Short Cigarette holder, short cigarette holders, Cigarette Holder Maintenance

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