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Just what is the scientific basis for Kavacham, Stotram or stotras? Well, people who have dabbled in sacred guides and texts must by now know that Kavacham is special texts in Sanskrit that are utilized for protection.

More specifically, Kavacham should be looked at by the reader in a broader and more expanded sense. Kavacham is basically another word for armour. It is known to guard the reader of across all the parts of his or her body. This protection is applicable to all places and also to all adversities that the reader may well encounter. There are unique types of Stotram, which scientifically detail the inner organs of the human body. In addition, they also scientifically provide descriptions of the physiology and even establish the intent to shield them. Stotram and stotras are hymns of praise in Hinduism.

Said hymns are known for praising parts of the divine, which include Vishnu, Siva or Devi. It follows then that each and every divinity (such as Vishnu, Siva or Devi) possesses its own unique kavach that contains various purposes. Furthermore, there are also particular manners in which to recite and say this kavach, and there are also specific rituals that may be performed, while the kavach is being recited, for added effectiveness. These specific rituals can be referred to as mudras. All of this indicates that the entire body of ancient science was actually quite cognizant of various centres of energy and also auras both in and around the human body!

Besides the aspects involving the physical organs, the majority of the kavach Stotram are known to describe and pertain to both body and mind associations. Furthermore, these same kavach Stotram also petition the deity to provide protection from hostile things such as evil thoughts and other noxious elements. This can be taken to mean that the ancient Rishis had knowledge of sicknesses that were psychosomatic. The ancient Rishis were, in simpler language, seers.

There are quite a few album links on the Sacred Music Guide website that do indeed cover different Kavach stotras. Here are just some examples. There is the Gayatri Kavach whose purpose is to help in the attainment of good health. Another example of an album of Kavach Stotram is Devi Kavach by Uma Mohan and Trisit Choudhury. Sacred Music Guide also offers customers an album such as A Drop of the Ocean by the artists Sultan Khan and Krishna Das. Still others can find, on the Sacred Music Guide website, stotras like those found on the album called Anand Utsav, which is by the artist called Rishi Nitya Pragya.

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The Sacred Music guide offers lovers of religious music a sanctuary to explore the greatest ever music of revered personalities such as Anop Jalota, Anuradha Paudwal and Pandit Jasraj. This is website is inclosing extreme collection of a devotional song, a instrumental music and a meditation music.

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