# Protect Your Voice with Proper Voice Training by Maria Gini

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Yes, you heard right. Voice training is something you are best advised to avoid doing yourself. You need appropriate guidance on how to work your voice, if necessary through a voice lesson DVD. This is because you need to be told about what would be the correct scale you should be singing in or which kind of music is best showcased by your voice.

Remember, without expert guidance or voice training you could even cause your voice incalculable damage to point of even changing the natural timbre! If your voice is ideal for choir or opera music, you could roughen its sound by trying to belt out pop or hard rock songs. Thanks to a complicated collaboration of the vocal cords, lips, teeth, and tongue, and the calculated use of breath restraint or release, the voice can change pitch, timbre and volume.

You can try taking voice lessons online when you want to start voice training. Whether you watch the singing lessons on your computer, or listen to them on a CD or mp3 player and learn how to sing on the move or in the car during your daily commute; you have the advantage of listening to as many repeats of some instruction as you want when you take voice lessons online. These instructions could relate to proper breathing techniques or even how to de-stress before singing in front of an audience.

In fact voice lesson DVD can teach how to control your voice and extend your range by as much as an octave. Many people damage their voice quality by starting on an unsuitable scale and then trying to rise sharply into their head register without having strengthened their chest register first. Singing is not simply being able to make different noises. Fine voice training will help you distinguish between them to know which ones you should persist with.

Learning to sing is like acquiring any other skill. It requires the same degree of commitment and hard work. When you take voice lessons online you know that you are protecting your voice and strengthening it with all those vocal exercises.

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Ken Tamplin Vocal Academy - Learn how to sing better with the Most powerful and effective a vocal singing and get a vocal music lessons.

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