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Dancing at your Chicago wedding reception by Patrick Ben

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Many soon-to-be married couples stress over their first dance as man and wife. This stress often stems from the fact that one or both of them do not know how to dance. However, dancing is something that can easily be learned, and can also be an activity that couples continue to do years after they get married. If you have one of the wedding bands in Chicago booked, but feel as though you and your partner need some dances moves before your big day, there are a few things you can do.

Professional ballroom dancing: There are numerous dance studios in various cities, and many offer classes to beginners. Ballroom dancing is a wonderful activity for couples. Your teacher will teach you basic steps for various dances including tango, foxtrot and swing. If youâ€™re looking to surprise your guests with a planned dance, work with your professional instructor to choreograph a coupleâ€™s dance for the two of you. Enlist the help of one of the many Chicago wedding bands to choose the perfect music for your first dance. Professional ballroom dancing lessons are certainly the most personalized form of dance lessons, but they can be pricey. Be sure the price of classes is in your wedding budget before committing.

Community classes: Community classes are a more affordable alternative to professional ballroom dancing classes. While you may not receive as much personalized attention, community classes can give couples the basic moves to be able to dance the night away. These types of classes will help inexperienced dancers feel more confident on the dance floor, allowing newlyweds to truly enjoy their wedding reception.

Self-taught dance: If neither community classes nor professional ballroom dance classes are an option, try teaching yourselves! Set aside a time each week to watch a dance video and try dancing together as a couple in the comfort of your own home. The Internet is a great resource for dance tips as well as your Chicago band - wedding reception music experts.

In addition to these classes, be sure you ask one of your instructors to give you tips on how to not only slow dance, but also how to dance to upbeat music. Check with the Chicago wedding bands around the area and book a group thatâ€™ll play music thatâ€™s easy for everyone to dance to.

Once youâ€™ve explored the world of dance, you and your soon-to-be spouse may discover that you love to dance. Dancing is an activity that can be enjoyed by people of all ages, so give it a try!

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