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Children in a nursery learn on a daily basis. But this learning is limited, very limited in fact. The idea behind teaching children in a kindergarten is not to stress them out by turning education and learning into absorbing from books; it is to make learning interesting, interactive and engaging. Children simply want to explore and learn more every single day. A nursery is a fun place to be once a child makes friends and develops the self-confidence to interact with friends and speak up with educators. This is what makes a nursery a better (not to mention fun filled) platform for learning and interacting with the world around them.

However learning has its limits during early childhood education. This is why nurseries are not supposed to stress out children and ensure that they learn gradually on a daily basis. â€œToo much work and no play makes Jack a dull boy!â€• so the saying goes, but work and play without sufficient rest will hamper a childâ€™s progress. A brief period of rest and relaxation between class and after school is a must for nursery children. Rest and relaxation after learning has shown to help children retain what they have learned permanently and also increased their ability to recall what they have learnt better. Thus it does help to make a difference in absorbing information as well as making sure a child gets adequate rest during school.

The Kensington Nursery follows a similar policy at their nursery in the Dubai Silicon Oasis as well as in their nursery at Umm Sequim. They know and understand that learning is important; but it should be gradually imbibed in the gentlest possible way. After school activities at The Kensington have been designed to provide children with a balanced and harmonious day. Immediately after the end of the school day children are encouraged to rest and relax, and if they wish, take an afternoon nap in their personal sleeping pod. Once they are refreshed there they enjoy a structured yet entertaining play time. Afternoon tea is served at 4pm and as the children wind down for the evening, they will enjoy times for stories and reflection.

To know more about The Kensington British Nursery in Dubai and their approach towards educating, kindly visit them online at: http://www.thekensingtonnursery.com/

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