



## Article Side

Why child seat belt is important while driving by [John Smith](#)

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Most people love to drive a car and go out with their family. One of the simplest and the convenient techniques to protect yourself is to wear a seatbelt. It is well proven that seat belt save the lives.

While preparing for driving theory test and hazard perception test part of DSA theory test, the road safety majors are covered in the preparation topics.

The importance of adult seat belts, child seat belt is covered in the syllabus of driving theory test, but most learner drivers forget this in later stages of driving.

It is very important to wear seat belts while driving. Also you must make sure the passengers are also wearing them.

It is a responsibility of a driver to make sure the passengers are safe while driving.

Seat belts are designed in such a way that it gives a high level of protection in the event of a crash. They are designed to adjust automatically to fit the user, to be convenient and easy to use. Wearing a seat belt is not only important to the drivers but it is also important to the child sitting in front.

If your child uses a child's car seat, the seat must be fitted properly in your vehicle. One should always check a child car seat is fitted correctly and get your child comfortable. Child seat belt is designed in such a way that child is been fitted properly and sits comfortably. If the child is less than age 12 then they have to make use of child seat belt. Child seat belt is designed according to the child's weight. If they are at the age of 12 or more then they can use adult seat belt.

Car seats are designed according to the children's weight. Label on the seat shows the weight range is suitable for. The weight ranges are divided into the following groups:

Group 0 and Group 0+ rear-facing baby seats:

Group 0 and Group 0+ -

These are rear-facing baby seats suitable for babies up to 13 kilogram's. Baby seats have their own (integral) straps. The adult seat belt or ISOFix system is used to hold the baby seat in place.

Group I -

These are forward or rearward-facing baby seats for children between 9 and 18 kilogram's.

These seats also have their own straps or impact shield and are held in place by the adult seat belt or ISOFix system.

In a seat with a front airbag, make sure a forward-facing child seat is as far back from the airbag as possible.

Group II -

These are forward-facing child car seats (booster seats) for children from 15 to 25 kilogram's and may have backs or side wings. Child car seats don't have their own straps - your child is held in

using the adult seatbelt and the seat is held in place by the adult seatbelt and/or the ISOFix system.

Make sure you position a forward-facing booster seat as far back as possible from a frontal airbag.

### Group III -

These are booster cushions for children above 22 kilogram's. Some seats cover more than one group and can be used as your child grows. Check on the seat label. When your child reaches 22 kilogram's, they can use a booster cushion. These may not have backs but raise your child in the car's seat so they can use the adult seat belt.

While driving people should be aware of potential hazards on the road and wearing the seat belts can reduce the injuries of that person as it stops that person to come out of his seat and hit other interiors of the car which is also called second impact.

Despite of risk of serious injuries, and facts that seat belts can be effective in saving the life of people sitting in the vehicle, many people still neglect the use of seat belts while driving.

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John is involved with Driving test in writing useful a [DSA theory test](#) and a [hazard perception test](#) tips. You can learn more about driving test, driving test dvd, book driving theory test, driving test CD, DVD, free hazard perception test, theory test download, theory test DVD online theory test information here.

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