Solve a Cryptogram to Boost Your Brain Power

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Puzzles are of different types, like, word, logic, combination, tiling, construction, transport, picture, sliding, tour and mechanical puzzles. A puzzle is nothing but a problem or mystery that has been used to test the cleverness of the problem solver. While solving a puzzle, the cognitive skill of a person is used. This in turn results in sharpening the cognitive expertise of that person.

Puzzles are often manufactured as a form of entertainment, but they can also stem from serious mathematical or logistical problems. Puzzles or riddles can also be used to develop childrenâ€™s creative skills. A cryptogram is a type of puzzle which comprise of short piece of encrypted text. The cipher which is used to encrypt the text is simple enough that cryptogram can be solved by hand. One must recover the original lettering to solve the puzzle.

The cipher was not created for entertainment purposes but for real encryption of military or personal secrets. The first use of cryptogram was occurred during middle ages by monks who used to spend time for intellectual games. The English monk Roger Bacon around 13th century wrote a book in which he mentioned seven cipher methods. In the nineteenth century Edgar Allan Poe highlighted cryptograms in many newspaper and magazine articles.

A well-known example of cryptograms in contemporary culture is the syndicated newspaper puzzle Crypto quip Parents and teachers love the puzzle games as they motivate thinking, logic and problem solving skills. It is appropriate for the school use and family entertainment. In these sorts of games you wonâ€™t find any violence, harsh language or adult situations.

The puzzle games range from fun and easy to hard and tricky. Therefore no matter how old are you, you are welcome to play this games as it will be advantageous for your self-improvement. There are many tools and playing equipment available in market and on the internet. For instance, cryptogram is a tremendous memory improvement tool.

A cryptogram is a hidden message which is made with different letters and symbols that have been jumbled. For instance, you are given a few letters like E X W N Z W. By following the method which has been explained below you can identify the word â€˜jumbleâ€™. You will discover E=j, X=u, W=m. The player has to reconstruct all the code so that the entire message makes sense. Generally, the message comes in the form of famous quote, proverb or anecdote which makes the puzzles meaningful everyone. At the beginning the cryptogram can be immense and full of challenges.

When you get the solution instantly, you feel happy and proud of yourself. With continuous practice, you will get expert in puzzle solving. This happens because your every part of the brain gets occupied in solving the problem. As result of which the brain gets sharper and more active. For this particular reason cryptograms are used by doctors, educators and memory experts as a tool to enhance memory power and improve its functioning. You can easily get these type of puzzles on many websites.

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