Article published on December 16th 2011 | K-12 Education

It is believed by all humans that the universe and its inhabitants are created by the super powerful God. The Almighty has empowered us human beings with the power of rationality and thinking skills. Our brain directs us for each and every activity. For example, if it is cold, then our brain directs us to feel the cold. In this superfast era of technology, we consider the computers to be super powerful. Sometime I really wonder how a machine can calculate things, correct mistakes and do multiple tasks in one time.

But this magical device is also the creation of the human brain only. It is the power of our intelligence that we are able to create things that may sometime look dream like to us. The human brain is actually divided into two hemispheres- right and left. The right side of our brain is used in case of creative activities. The artists, painters, ad makers, film makers, poets and designers use their right hemisphere most frequently. On the other hand, the left hemisphere processes language, makes logical assumptions and helps focus attention. Those who are good in mathematics or who are into some investigative profession, often use the left side of their brain.

On a normal day, we use both the sides of our brain. But in every individual, there is a leaning towards a particular hemisphere; this is the reason why we vary in our logical and creative skills. In case of kids, it is very important to give them some good exercises to do so that their brain power could be increased. Some of these exercises are briefly discussed below:-

â€¢ Among all the media tools, television is still considered to be the most effective medium because of its audio-visual in nature. Visual exercises like making origami shapes and animals can help the child in enhancing the power of the right hemisphere. Kids can be provided with objects such as modeling clay or construction paper to express their inner feelings

â€¢ By means of play, parents can enhance the photographic memory power of their kids. This memory is directly related to the right side of our brain. Parents can make some minor changes in the room of their little ones and then can ask them about the changes. Kids take it as a game to play and thus they become interested in it also

â€¢ Some research findings come up with the fact that writing activities enhances the analytical side of the children. Learning sentence structure, using correct spelling and grammar, constructing a paragraph and outlining help the kids to strengthen their left brain function

â€¢ Puzzles are also a great way of enhancing the power of the left side of the brain. Since logic and reasoning is needed to solve a particular puzzle, so it is a good idea for toddlers and young ones to play such games

Brain boosting activities for the development of the whole-brain come in many forms and patterns. However, what you want to use will depend on what exactly you want from your children. If your child is left-brain strong, you will have to work very hard to improve the other side. Thatâ€™s the challenge of education.

Article Source:
http://www.articleside.com/k-12-education-articles/how-parents-can-help-their-kids-to-enhance-brain-power.htm - Article Side

Osa - About Author:
This article has been posted by a school guide of OnlineSchoolAdmissions.Com, who also provides free of cost counseling to parents on school admissions. A visit to the site lets parents know about the a The Rajasthan School Kotputli or a The Rising Sun INC Delhi of their choice. They can also search for a The Royal Heritage Public School Jabalpur as per their choice and fill up the school application forms online.

Article Keywords:
The Rajasthan School Kotputli , The Rising Sun INC Delhi , The Royal Heritage Public School Jabalpur

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!