When In-Home Care Becomes Impossible

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With over 30,000 long term care facilities to choose from, it is very difficult for one to decide where to put his frail mother or father whose increased long term care (LTC) needs can no longer be provided at home.

Since they are only after whatâ€™s best for their parents, adult children would welcome all kinds of suggestions except nursing homes because practically all of them have made a vow to their parents that they will never be institutionalized.

Survey shows that only two out of 10 elderly folks would agree to enter a private nursing home in the future. In-home care is much preferred by senior folks and though their children love the idea of having their parents with them for eternity they have to look out for the proper health care and welfare of their beloved moms and dads.

When in-home care becomes impossible elderly folks believe that an assisted living facility is worth considering. They like the fact that they can still maintain their independence in this type of long term care (LTC) facility because its staff wonâ€™t follow them around or monitor them round-the-clock.

Most elderly folks in assisted living facilities require a higher level of care which transcends assistance with their activities of daily living (ADLs) like eating, bathing, dressing, proper use of the toilet, continence, and transferring. Most of them need someone to cook for them and do their laundry. Aside from these tasks, residents also need someone to accompany them as they visit the doctor for their scheduled checkup or when shopping for their personal stuff. There are even those that require assistance when taking their medications.

If thereâ€™s one thing residents of assisted living facilities wonâ€™t be able to receive that would be intensive medical care. In case they would develop a chronic or acute illness which demands 24-hour care, their families have to start inspecting nursing homes in the neighborhood for these LTC facilities are designed for elderly folks who are seriously ill or cognitively impaired, disabled individuals, and those who are injured and in need of rehabilitative treatment.

Highly Satisfactory Long Term Care Facilities

Canâ€™t blame most people if they remain distrustful of nursing homes, considering the countless stories of abuse which many senior folks had to experience in the hands of the people who are supposed to provide physical relief and emotional comfort to them.

Despite that, a nursing home will always be part and parcel of long term care as it offers the highest level of care for all sorts of medical conditions. Besides, not all nursing homes abuse their residents. There are still many out there that deliver highly satisfactory services and treat their patients with utmost respect.

If you happen to be searching for a nursing home for your elderly loved one, you can check out the ratings of nursing homes in your area. If youâ€™re really hesitant to admit your mom or dad into a nursing home, you might want to look into a Green House program.

Green House is one of the highly recommended long term care facilities which is accredited as a skilled nursing home. It basically provides 24-hour care just like any nursing facility but unlike the traditional ones, a Green House serves home to 10 to 12 residents only and each one gets to have

his own private bedroom. Residents have more freedom to do what they want as opposed to the routine of most nursing homes.

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