Article published on March 29th 2012 | Insurance

Health care costs are increasing at a very fast rate especially Vermont long term care. One of the things that factor in the high cost of care in Vermont is the fact that the state has few hospitals and thus nursing homes need to accommodate individuals who need to recover from serious health problems.

Unfortunately, the said nursing home accommodation in Vermont can jeopardize the health of individuals receiving medical and custodial care in the said facility, most of whom are elderly folks. Vermontâ€™s Department of Health should see to it that the elderly people receiving care in nursing homes are not in any way going to be subjected to infections as this would worsen their health.

According to geriatricians, older folks are more susceptible to different kinds of maladies which can result in immediate death if their condition is not treated immediately. To prevent this from happening, the state should see to it that LTC facilities are made exclusive for elderly and disabled folks only especially if these have a substantial population that requires of LTC.

Diseases are contagious in crowded areas so it is important to keep sick people away from the elderly residents of nursing homes.

Although most Vermonters prefer to stay at home and receive care from a home health aide, there are certain health issues which can only be addressed by a nursing home. This is the reason some people are forced to enter a nursing home in spite of their refusal to be put in such setting.

Oftentimes, an individualâ€™s choice of LTC setting should be in conformity with his doctorâ€™s recommended plan for care. In-home care is specially designed for individuals who require custodial care or personal care and minimal supervision with their medications. In the event that they would develop a chronic illness which will require 24-hour care and monitoring they shall be put in a nursing home.

However, an individual who wishes to remain in his home even after having developed a serious condition that would require 24-hour skilled nursing care should see to it that his house is conducive for aging in place. For him to make this happen he has to spend c chunk of his hard earned money on home modification and installation of essential pieces of equipment such as respiratory, monitoring equipment, computer, handrails, wheelchair ramps and lift, and shower support grips among others.

Vermont Long Term Care Costs

Vermont, like New York, is faced with unreasonable LTC costs. Unfortunately, there is nothing that Vermonters can do about it.

Families of individuals who are receiving in-home care are paying a home health aides $25 hourly to provide their elderly or disabled loved ones assistance with their activities of daily living (ADLS) such as bathing, eating, toileting, dressing, transferring, and continence.

Meanwhile, those who are in assisted living quarters are spending $3,600 monthly on average for basically the same services that in-home care recipients are getting except that elders in assisted living get to socialize with other patients or residents.

Now the nursing home is the least popular Vermont long term care facility as majority of Vermonters refuse to be taken care of by strangers even if they happen to be licensed nurses. If youâ€™re a resident of Vermont, study your LTC options as early as now to ensure that you receive the form of care that meets your needs and standard.

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Article Keywords:
Vermont long term care, long term care quote, CLASS Act

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