Primary Instructions in Remodeling Your Bathroom by Randell Jeffries

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It is believed that the average individual will dedicate at least 3 years of his life going to the bathroom, visiting about 6 to 8 times every day. The average individual gets the urge to pee when he has a cup of urine in his bladder. At least one out of two people confess to urinating in the shower instead of the toilet.

These are only some of the entertaining facts about bathrooms. Even though youâ€™ll just be spending a few hours inside the bathroom to do your thing, it doesnâ€™t mean you shouldnâ€™t make it more comfortable. Itâ€™s a place where you take a bath, brush your teeth, relieve yourself, and drop the bomb. How can you make the room you spend three years utilizing it as comfortable as your own bedroom?

Donâ€™t make it too small

Maybe you wonâ€™t have a choice if your home is a small condominium unit. On the other hand, if you reside in a huge home, thereâ€™s no reason at all for you to be stingy about bathroom space. Design your bathroom to be as big as possible, specifically if you wish to include a bathtub.

If you're unable to add room to a small bathroom, redesign the bathroom to make it look huge. A good color scheme is one example, usually white and lighter shades for a bathroom facing the darker part. Furthermore, itâ€™s a great idea to rearrange the movable bathroom assets and toiletries occasionally to figure out if thereâ€™s extra space youâ€™re not making use of.

Have effective ventilation

Inside a closed room in which the stench could get quite extreme, a good bathroom needs adequate ventilation. According to the American Society of Heating, Refrigerating, and Air-Conditioning Engineers (ASHRAE), bathroom ventilation should have a rate of between 20 and 50 cubic feet a minute based on the type of ventilation used. Windows are perfect for ventilation but exhaust fans work, too. Excellent Cape Cod bathrooms enable you to breathe whenever youâ€™re inside one.

Consider the principal users

A bathroom catering to the requirements of certain individuals can significantly help. Include a few handlebars close to the toilet for the handicapped who requires something to hang on to when using the toilet; or install a lower sink for young children. Specific needs are a great Cape Cod addition to any bathroom.

For additional Cape Cod renovations and bathroom renovating recommendations, you can learn more at HomeDesignLover.com. Additionally, ThisOldHouse.com is a great resource for relevant articles.

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