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How can we use Downlights for dining areas by Valentine De Roover

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Modern lighting options are many with a variety of shapes, sizes and materials used in their creation. Not only do they provide illumination but they make for interesting conversations topics and decorative items. Designers are increasingly looking at lights for their work and inspiration with amazing designs being conceived to cater to the modern consumer.

Ceiling lights are some of the most common types used since decades past. They provide for a wide ambience compared to table lamps and floor lamps. Theyâ€™re also ideal for placement above dining tables, sitting rooms and reading zones. More popular, however, is downlights, a type of lighting thatâ€™s recessed into ceilings to cast a wide or narrow spotlight depending on the type used. Combined with LEDs, downlights make for efficient lighting, greatly cutting back on power bills.

LED downlights are often used in offices, hospitals and hotels as they take up no space and serve as pretty additions to large fixtures. Theyâ€™re ideal for dining rooms as they can be swiveled around to cast light in desired directions. If youâ€™re wondering how to position them over a dining table, read on to find out.

Remove the plastic covering from the light bulb. Wash the cover with warm water and allow it to dry.

If you have bulbs that arenâ€™t functional or donâ€™t cast enough light, remove them and replace them w new ones. If you donâ€™t know what wattage the downlight uses, take the bulb to a store and ask them to find the right size.

Reattach the bulbs to the downlights and place the washed plastic coverings over them. the clean surface will cast a much brighter glow so you donâ€™t need to purchase bulbs of a higher wattage.

The lights should be position to the center of the table. Shine them at angles as well since you donâ€™t want the glare to be confined to a small area.

Switch them on and see if your LED lighting cast sufficient light. Make sure that the table is highlighted well and there is enough illumination for the food placements and the seating area. Keep adjusting them until you get the right position.

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