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Ensure a Safe Home Environment with Chicago Carpet Cleaning Services by [Lyda Tavorn](#)

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Carpet cleaning is essential to keep every home a safe place to live in. According to Environment, Health and Safety Online, nearly 100,000 mites can live in one square yard of an unclean carpet. Dirty carpets harbor millions of disease-carrying bacteria, and this reason alone makes carpet cleaning services a must for any Chicago homeowner.

Dust mites are microscopic bugs that live on the dead skin cells of humans and animals. Although generally harmless to most people, the American College of Asthma, Allergy and Immunology states that 10% of Americans exhibit allergic reactions to dust mites. They mostly thrive in the spring and summer and die due to the cold, dry air of winter.

Dust mites prefer dark and humid habitats. This means cushions, pillows, upholstered furniture like cushioned chairs, as well as curtains and carpets provide perfect homes for dust mites. Our own beds are also a breeding ground for dust mites. While completely eliminating dust mites is not virtually possible, their population can be significantly reduced by following some home maintenance measures.

For instance, you can use tightly woven, allergen-proof bed covers or alternatively control your room's humidity by installing a dehumidifier or air conditioner to regulate the dust mite population. Moistened cleaners also prevent dust mite wastes from becoming airborne and resettling, so use an oiled mop or rag instead of a dry duster when cleaning home surfaces. Additionally, use a vacuum cleaner with a double-layered microfilter or high-efficiency particulate air (HEPA) to reduce the amount of surface dust in your home.

Chicago carpet cleaning companies can put a stop to dust mite-related allergies, especially during the summer (considered the rainiest season in Chicago) when humidity levels rise. Carpet cleaners practice environment-friendly carpet cleaning practices for a safer living environment, in accordance with World Health Organization (WHO) recommendations that some carpet cleaning chemicals be replaced with non-hazardous alternatives. These include organotins, phthalates, permethrin, triclosan, flame retardants, and formaldehyde.

Choose a Chicago carpet cleaning service provider that uses only the safest products to clean your home and office carpet. In the process, they can eliminate hard to remove stains as well as household odors and bacteria while ensuring the safety of all occupants. Carpet cleaners also utilize commercial-grade, truck-mounted, steam cleaning equipment for more efficient cleaning.

Mount Prospect carpet cleaning can begin with a free estimate. Homeowners can choose from different packages depending on their cleaning requirements. If you would like to read up some more on carpet cleaning, visit thentodust.com/100000-dust-mites-in-1-square-meter-of-carpet/ and cdc.gov/mold/stachy.htm.

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