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The Essential D.I.Y. Latex Mattress

If you suffer from circulation issues, sore back, sore hips or shoulders and not a lot of money to remedy any of these issues then listen up. I have some tips that might fit your pocket book for a DIY Latex Foam Mattress. Assuming that buying a new all latex mattress is out of your budget then consider this, buy the cheapest and firmest spring or poly foam mattress you can find. Usually around $300 or less depending on size. The main thing to look for when building your do-it-yourself latex mattress is a firm base. A thinner (no pillowtop) spring mattress works well for what we are going to build on a budget. Many folks may already have in use a worn out memory foam mattress that can also be used as a base core by simply flipping it over and using the under side.

Latex Mattress on a Budget â€“ DIY

Now that you have a firm base you need to add the most important part, a latex mattress topper. Here you will have to spend some money but nothing like a complete latex bed. I highly recommend going with our Rejuvenite 3â€³ Talalay latex mattress topper which comes with a very nice protective cover. Iâ€™ve seen this same topper (although branded differently) sell for over $1200 but you can get it from us for around $400 depending on the size. It also comes in two different firmness levels. #19 for those who are mainly side sleepers like myself, and #28 for those who mostly sleep on their back. This product is made in USA by Latex International and can be dropped shipped straight from the factory in CT or distribution center in TX. Lately weâ€™ve been getting excellent service on these and ship time out the factory door is usually just 3-5 days. So you see now you can get a really nice and durable DIY latex mattress for less than $800 in king or queen. Even less if you already have a suitable base core or spring mattress.

The Complete DIY Latex Mattress Kit

Ok, hereâ€™s where the rubber hits the road, pun intended! If compromise is not an option and you want a complete do-it-yourself latex mattress without springs or poly foam then hereâ€™s what I suggest doing â€“ Buy two latex mattress toppers, one firmer than the other. We have a nice selection of latex mattress pads including our exclusive duvet topper made in Belgium. Two toppers stacked will give you 6 inches of Pure Latex Bliss, which is another line of latex mattress products we carry but you get the meaning. The great thing about buying latex toppers is that you get to actually feel the latex since only a thin protective cover is between you and the Latex Foam itself. With the Federal Flammability laws that are currently in place latex mattresses are usually wrapped in thick wool or some other insulation that takes away some of the natural feel of real botanical latex. Most of the complete latex mattress that we sell in our Phoenix showroom are also being purchased with an additional latex mattress pad. That combination is running over 2 grand in a king size. Two king toppers are less the $900 so you can save significantly by just doubling up. We also have 3â€³ latex toppers available in both all natural dunlop and all natural talalay for those who want the purest latex on the planet. I can tell you from personal experience that just 3â€³ of latex can offer enough comfort to sleep right on the floor. 6 inches will give you a very nice, long lasting, economical do-it-yourself latex mattress.

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Ken Hightower is President of Arizona Premium Mattress Company, a a Latex Mattress specialist, and invites you to learn more about the contents of this article at Latex Mattress Company.

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