



Article Side

A Four-Point Checklist that Could Help You Identify a Qualified Roofer for Your Needs by [Ashlee Starns](#)

Article published on August 16th 2012 | [Home Improvement](#)

You may handle a dripping roof or a worn-out shingle as a simple home repair job. For certain heavy-duty jobs like reroofing, though, you must delegate it to roofing experts. If there's one thing they have that can help them get the task accomplished, it may well be their physical fitness.

The U.S. Department of Labor requires roofers to be fit for the job due to a number of reasons. Without being as fit as a fiddle, the roofing operative can get hurt from the outset, which merely worsens the weight on the roofing provider. They point out at least four essential attributes of a good roofer in terms of physical health and fitness. It's essential to understand these to determine whether or not you're dealing with a decent roofer.

Physical strength

As a roofer, he will likely be carrying heavy tools and materials throughout the site most of the time. A stack of asphalt shingles, for instance, can weigh a minimum of 70 lbs or more, and they must be taken from the vehicle up to the roof. Despite roofing materials today weighing less than average, the job still calls for some heavy lifting.

Balance

In spite of the presence of safety harnesses, every single roofer should know how to balance. It certainly makes sense, knowing that the majority of roofing projects performed by a Virginia Beach roofing contractor necessitate a good combination of low and steep-sloped roof structures. Balance helps roofers avoid falling to the ground, which is a leading cause of occupational injury among roofers.

Endurance

The Department of Labor says many roofing contractors work longer during the summer to get the job done, as they aspire to wrap up work before the rainy season begins. In ordinary cases, roofing contractors must work in hot or cold weather to fix or change your roof. A Virginia Beach roofing company usually sets its own lineup, so you need to ask the provider about this. They operate all day, and in some cases, all night, bending over and stooping for a more holistic repair or replacement job.

No aversion to high places

Roofers must not have to deal with altophobia or the fear of heights. If you want more information and facts about the physical qualities roofers should develop, check out the Bureau of Labor Statistics website at [BLS.gov](#). Otherwise, ask a contractor for roofs and windows Virginia Beach locals have been known to recommend.

Article Source:

<http://www.articleside.com/home-improvement-articles/a-four-point-checklist-that-could-help-you-identify-a-qualified-roofer-for-your-needs.htm> - [Article Side](#)

[Ashlee Starns](#) - About Author:

For more details, search a [Virginia Beach roofing](#), a [Virginia Beach roofing company](#), and a [windows Virginia Beach](#) in Google for related information.

Article Keywords:

virginia beach roofing, virginia beach roofing company, windows virginia beach

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!