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Winter Health Concerns and Online Doctor Consultations for Treatment by [Andrew Brown](#)

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For skiers, snowboarders and other winter sport enthusiasts, the characteristic chill in the air that announces winter's arrival is a welcome sign. However, not everyone is so enthusiastic about colder temperatures and snowfall; the threat of falling victim to conditions such as the flu, sore throat, cough and nasal congestion is hardly reason for excitement.

Online Medical Consultations

But even if you're concerned that you might be exhibiting flu symptoms or can't easily obtain flu shots, you can stay healthy and avoid winter sickness without staying cooped up inside your house or the doctor's office. Instead, you can enjoy the winter world with confidence, knowing that online medical consultation is just a click away on the web or a phone call away, if you choose a service that provides over-the-phone medical advice. Although it may sound surprising, there are online doctor professionals that are every bit as qualified as the medical practitioners you'd find in private practice.

Easy Access Doctor

Once you consult an online doctor the first time, you may wonder why you've been so willing to hang around the waiting room to see a doctor in person for so long. An online doctor can help you at any time of day or night, with no wasted time or gasoline expended in an effort to squeeze into the office schedule. If you'd prefer to talk to a live person, you can also call the doctor and talk through your problem. In many cases, you'll be given a simple solution and you'll be happy you didn't waste a lot of time or money making an appointment with a doctor's office.

Online Doctors vs Traditional Doctors

Although the concept may seem strange, using an online doctor consultation service is simply part of the logical transition of service from offline, "traditional" arrangements to innovative, easy-to-use and inexpensive online services. For example, you can obtain online health insurance and prescriptions by email; it seems only logical that you would be able to get the opinion of a certified doctor without leaving your home or dropping your smart phone.

The online and phone arrangement for consultations is a significant improvement over having to drive to a doctor's office and wait to see a physician. Many trips to the doctor are routine, and it can be frustrating to wait and pay for suggestions as simple as "wait it out" or "take an aspirin". Whether you're obtaining an online prescription or getting consultation about the flu, staying safe and warm makes much more sense than battling snow to see a doctor. For an online doctor consultation call 888-448-7633.

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Ask-the-Dr is a company that specializes in connecting people to doctors, anytime of day, seven days a week. a [Ask-the-Dr](#) offers convenient and affordable access to quality physician care. Ask-the-Dr provides its members with convenient access to telephonic and secure a [online consultations](#) with a doctor using telemedicine solutions developed to manage medical conditions through telephone and internet-based applications. All of our physicians are independently contracted as participating providers in the AmeriDoc Physician Networkâ„. Call 888-448-7633 to speak to a physician anytime.

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