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When to Go for Acne Chemical Peel by Nicoleflourweens

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When we find our face having acne problem, we invariably go and buy an over-the-counter cream or lotion. Many creams are out there that promise fast relief from acne trouble. Some such treatments may work in some cases but not every time a cream or lotion proves to yield the expected results. Having acne on the face causes you no risks of any kind except the presence of acne on the face is unsightly and many people do not feel comfortable with them.

Acne is actually a disorder of the pilosebaceous unit or of the hair follicle or pore. According to the American Academy of Dermatology, acne is the most common skin disorder in the United States. It is actually a chronic inflammatory skin disease. Acne mainly appears on the face, neck, back, chest, etc. It can be of mild or extremely severe nature. It is a common sight to find many teens and preteens affected by this skin problem. Girls are more fortunate than boys are since boys are more vulnerable to this problem. Acne problem is not limited to just the teens, but adults, children, toddlers and even babies can get it.

When oil and dead skin cells are trapped within the hair follicle, a plug within the pore will be created called comedo. Non-inflamed comedones are known as whiteheads and blackheads. When the bacteria invade, the area will become red and inflamed. The severity of case depends on the amount of infection and damage to the follicle wall. In some severe cases, acne may lead to deeper cysts and lesions.

When we find no over-the-counter treatments work to treat the problem, we have a good option, acne chemical peel. With a chemical peel, you will get a clearer and healthy-looking complexion and the acne will no longer bother you. A chemical solution is applied to the skin that causes the skin to blister and peel over a period of few days. When the treated skin comes out, you will have fresh and much better skin taking its place. This causes the elimination or reduction of acne blemishes and other scars.

For the acne chemical peel, we find three general categories of chemical solutions that prove effective and safe. When we go for the lightest of all peels, we have alphahydroxy acid or glycolic acid, AHA, peels; for medium type, we find trichloroacetic acid, TCA, peels; and when it comes to go for the deep or advanced type of peel, we have phenol peels. Phenol peels are the strongest one and has to be dealt with very carefully. AHA is the mildest one that has very little side effects.

When you decide to undergo an acne chemical peel treatment, you should seek professional advice before you attempt to do anything on your own. Acne chemical peel come with some side effects and the peeling agent has to be formulated according to your specific need. Therefore, it is always better to consult experts of this field for the best guidance.

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Nicoleflourweens - About Author:
To know about the info on how treat acne please visit the website a chemical peel and find out the info on a lactic acid peel

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