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It's an incredibly difficult time when you start having to think of putting your parents into a home. Often you can feel as though you are betraying your parents by sending the very people who once looked after you when you were helpless into a home or into care. This can be made much worse or much better depending on how they view the idea of going into a home and depending on how they react. While some parents will willingly accept that they are no longer sae living on their own, others will stubbornly refuse to accept their limitations and can get quite aggressive in defending their right to remain at home. Understandable perhaps, but nonetheless upsetting and unhelpful.

The question is then, how do you know if you are doing the right thing? And how do you know when it's time for them to be put into a home?

Have You Considered Other Options?

Firstly, it's important to bear in mind that there are many options as your parents reach old age, many of which offer a compromise solution that can satisfy both parties. For instance you may be able to use homecare agencies rather than homes, and this will mean that someone will come to the home to visit your parents and help them with chores and other matters â€“ but that your parents won't have to move. This is incredibly useful when you consider how much happier your parents are likely to be in their own environment â€“ they haven't been forced to change their ways, they haven't been forced to give up the things they know, and they aren't accepting defeat in quite the same way either.

As well as homecare agencies there are many other options that you can consider such as retirement villages which are small communities of flats that cater to the disabled and which have 24 care available when needed. Consider all options before asking your parents to give up the life they've known and their independence.

Are They Safe?

The main reason to get your parents to move home should be that they are a danger to themselves. If they are for instance likely to fall over, or have been known to have accidents where they are when no one is around, then you might want to consider sending them into a home or getting homecare agencies involved. Otherwise you can find that your elderly relative slips and falls in the shower potentially without anyone being alerted to the problem for some time.

Are You Living Your Life?

At the same time though you also need to think about you. While it's true that we have a duty to our parents to an extent, and that it is only kind and right to look after them in their old age; it isn't right or natural to have to do this at the expense of your own happiness and freedom. If you find yourself then constantly worrying or being called up and having to go around, then you need to get help so that you live your life.

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a Homecare agencies Shelton CT can offer a great compromise â€“ keeping your parents safe without uprooting them. Click a here to learn more.

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