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Breast Lift Surgery India or Mastopexy is a surgical procedure for raising and firming the sagging breasts. So, if you are not happy with your breast size, Breast Lift Surgery can be the right choice for you. There are several good hospitals around and you can check them online for Breast Lift Surgery. Make sure you choose a hospital which has performed similar surgeries in the past.

Go for Breast Lift Surgery India if:

• You feel that your breasts have lost substance or firmness. This surgery can help you get a more youthful and pleasing breast contour. So, you should seriously consider this surgery option.

• Your breasts are pendulous

• You are not happy with your nipples that now point downward or fall below the breast crease

• You have stretched skin and/or enlarged areolas

• Your breasts are asymmetrical in sizes

• However, one should have realistic expectations only.

Are you an ideal candidate?

You are an ideal candidate for the Breast Lift Surgery India if you're a non-smoker and are in a good health. It is also important that you have a positive outlook and realistic expectations.

One more thing – surgeons usually suggest this type of surgery only after the full breast development. Talk to your doc to know all the Pros and Cons of the surgery. Talk to your family. Say yes only when you are sure about the surgery and are not expecting miracles. Now the same is true when it comes to Breast Implant Surgery India.

Before Surgery

Your doc will ask for some tests to confirm your health status. You may be asked to start or stop certain types of medication before you undergo the surgery. All this is done to make you ready for the surgery.

During Surgery

A general anesthesia is administered so that you are asleep during the Breast Lift Surgery India. In the next step, your doc makes incision. Incision patterns may vary from one case to another. In the third step, your docs reshape the breast. Excess skin is surgically removed and the breast tissue is shaped accordingly. This is the fourth step. Herein docs close the incisions.

After surgery is done, you'll be taken to a recovery area where you're monitored by experienced surgical staff.

Recovery may take a few days. However, refrain from any strenuous work or exercise until your doc says. Be gentle with your breasts. There will be a whole lot of Do's and Don'ts and you need to stick to them.

to every work of it. However, if there is any serious pain, donâ€™t forget to report to your doc for this.

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